



Wake Forest Woman's Club News and Views

www.wake-forest-womans-club.com

May 2017

Donna Jamieson, Editor ddrjam@sbcglobal.net

Notice of Meeting & Annual Banquet

Thursday: May 4, 2017

Location: Fellowship Hall, First Baptist Church, 118 E. South Avenue, Wake Forest

Meeting Time: 6 p.m. Please note earlier time

Dinner Served : 6:15 p.m.

Hosts: Banquet Committee, Elaine Incorvaia-Chairman, Quinn Berardinelli, Tracy Mahl, Dawn Nakash, Tawana Nowlin, Sandra Pearman, Nancy Perrone, Dolores Riggins, Polly York

Program: Introduction of scholarship winner Kyrsten Le, Brief business meeting, Initiation of new club members, Presentation of club awards, Installation of officers for 2017-2018

Important Reminders:

Federation Day Challenge

Submit your volunteer hours to Kathy Norris at knorris@nc.rr.com. Send an email to Kathy including your name, the organization you volunteered for, what you did (a few words) and how many hours you worked. The hours and activities will be tabulated and announced at our May meeting.

CSP Reporting for CSP Chairs

All CSP reports from January – May 30 are due to Sue Meehan at suemeehan44@gmail.com by May 30. Thank you for your hard work and diligence this year. YOU have all been a great asset to the WFWC and I greatly appreciate you so much. - Submitted by Sue Meehan

Encouraging Words

*From the Terma Collective
("Terma" means "hidden treasure"
and is derived from Tibetan Buddhism):*



"May our feet rest firmly on the ground. May our heads touch the sky. May we see clearly. May we have the capacity to touch. May our words be true. May our hearts and minds be open. May our hands be empty to fill the need. May our arms be welcoming to others. May our gifts be revealed, so that we may return that which has been given, completing the great circle."

—Sharon Rasmussen, chaplain

President's Message

Salina Gary, 2016-2017 club president

919-576-3251 or salina.garyl@nc.rr.com



Ladies,

Doing good for others within our community has been the core of our focus since we began in 1961. As we prepare to celebrate the accomplishments of our 2016-2017 club year, by recognizing our legacy and the generosity of spirit, talent and hard work that we endeavor together, my hope is that you are as proud to say you are a part of this exceptional organization as I am.

Our banquet theme, "Hearts and Hands Together," will highlight the dedication and leadership of our club women, at work in service and charitable giving. You will hear more about their outstanding contributions and efforts during the awards presentations, and Annual Report.

It has also been a very good year for membership. We will initiate 14 new members into our club at the banquet, making it the largest increase in several years. Why do members join? Possibly to make friends, to make an impact, to gain leadership skills, to contribute to the greater good, as a family tradition, to become part of a team, to fulfill a civic duty, or maybe just to have fun. No matter the reason, we are delighted you have chosen us, and are pleased to have you on board.

To our more seasoned members, your efforts are not overlooked. You continue to inspire us, and know that we couldn't have succeeded without you. Your support is essential and very much appreciated.

There is much we can accomplish as we move forward toward our next club year. As your President I am confident that this year's successes will rally the call for more volunteer action and service. Are you ready to continue our journey together?

Regards,
Salina



"Steadfast in Service"

Club News

ESO Book Club Marilyn Bonnett

The next ESO social and book discussion will be May 6 at noon in Sharon Rasmussen's home. Sharon will be the hostess, and the book she has chosen for reading and discussion is *A Tree Grows in Brooklyn* by Betty Smith. The ESO book club is open to all our club members. If you would like to know more about the books we read and then discuss while we socialize, get in touch with the club's ESO Chairman Marilyn Bonnett, bonnettm@hotmail.com or 919-556-0387.



Wake Forest Charity Car Show Reminder

Reminder that the Wake Forest Charity Car Show is on Saturday, June 17, 7:30 a.m. – 1:30 p.m. on South White Street. Training will be on Wednesday, June 7, at 6 p.m. at the Renaissance Center. Thanks to all who have volunteered to work this event. Contact Elaine Incorvaia at e.incorvaia105@gmail.com with any questions.

Summer Opportunity to Help "Feed the Children"

The Wake County School System, and the N.C. Food Bank, are partnering with several area churches and non-profit organizations to provide 2 meals a day (breakfast and dinner) for students in need during the 10-week summer recess (Monday June 12 through Friday, August 18). In Wake Forest, the location for meal distribution will be the Olive Branch Baptist Church, located at 326 Juniper Ave.

Volunteers are needed daily to help serve the meals and to interact with the kids by playing games and reading books. Our Woman's Club member, Carolyn Stoklas, is helping to coordinate and sign up volunteers. Her church, St. John's Episcopal, is a participating sponsor. Please contact Carolyn at 919-554-1673, or cstoklas1@nc.rr.com for more information. They are planning for at least 10 volunteers per meal each day, and encourage and welcome participation from church youth groups, high school clubs, and other student organizations as well. Please spread the word! -Submitted by Salina Gary

Wake Forest Annual Art in the Park – Volunteers Needed!

The WFWC produces Art in the Park every July 4th in our Community House bringing crafts and free cupcakes to all of the children who bicycle and walk with their families down N. Main Street from the Birthplace Museum to Holding Park. Volunteers are needed to assist the children with the crafts and icing their own cupcakes. Set-up will begin at 9:30 a.m. on Tuesday morning, July 4 and the event lasts several hours until the Community House is

cleaned up. There will be a sign-up sheet at the May banquet. Hope to see you on the 4th! - Submitted by Tracy Mahl

Polly York, Mary Kuga and Becky Barber help children with crafts at the 2016 WFWC Art in the Park



Dust Off Your Crochet Hooks Again

Come to a Crochet/Knitting Social

Let's do this again in 2017! Meet at the WF United Methodist Church in the old Fellowship Hall on Saturday, June 10, between 10 a.m. and 12:30 p.m., to crochet/knit items for a community-service project. I will bring some donated yarn. If you prefer to bring your own yarn, that's fine, too. For beginners, bring a size J crochet hook, and we will happily teach you. Then at 12:30 p.m. let's go out for lunch at a restaurant we choose. (Note: If you participate in this project, keep track of all your volunteer hours and any in-kind money you spend for yarn and supplies.)

In 2015 we volunteered in support of a local non-profit charity, From Ewe to You, to crochet/knit blankets for newborn babies, warm scarves and lap blankets for adults, and pet mats for shelter animals. Hannah Moyles gave us a supply of miscellaneous yarn that others had donated to her charity. Our club members and friends produced many beautiful blankets and scarves, and we donated all the items to Hannah's outreach. She delivered them to the worthy causes that her charity supports. See <http://fromewetoyou.webs.com/> for more information.

Please RSVP to a coming-soon Evite invitation from Hospitality Chairman Tracy Mahl. In the meantime, if you want to get started on a project before June 10 and would like to use some of the donated yarn, let me know by email at bonnettm@hotmail.com or phone 919-556-0387. Also, I will give away a supply of donated magazines with ideas and instructions for crochet/knitting. -Submitted by Marilyn Bonnett



Free Yarn!

Newsletter Editor Needed for 2017-2018 Club Year

The club needs an editor for the *News & Views* and *Mid-Month 'Minder* for the 2017-2018 club year. There will be a meeting on July 13 at 5:30 p.m. to discuss revising and/or reformatting the newsletter and the Mid-Month 'Minder. The location is TBD. If you are interested in helping out with either of these publications or if you have suggestions for next year, please email Donna Jamieson ddrjam@sbcglobal.net or Salina Gary salina.gary1@nc.rr.com.



WFWC Polo Shirts Available

We have three WFWC shirts available. One polo shirt, size large \$24, one that looks brand new, worn & laundered twice \$14 and one T-shirt, size small \$10. Email Knorris@nc.rr.com if interested.



Community Service Programs

Home Life CSP Paula Johnson

Wednesday, May 10-Murdoch

Developmental Center Arts Festival. If you would like to attend (carpool about 12:30 p.m.) and browse the festival activities and attend the Awards Ceremony (3:30 p.m.) for the Murdoch resident winners of the District VI Arts Contest, please email Paula Johnson by Wednesday, May 3.



Thursday, May 18-Guided Tour: Murdoch

Developmental Center, Butner, NC. This organized tour, arranged by Home Life CSP, will be guided by one of the marvelous Murdoch volunteers, beginning at 1:30 p.m. We will carpool about 12:30 p.m. and I am assuming the tour will last about 1 hour. Please visit this facility with us to see where the residents live and how they spend their time at this wonderful place. I will have more information as the date gets closer and will share that info with those who will be attending. Please email Paula Johnson to sign-up for the Guided Tour by Thursday, May 11. We hope to have a great turn-out.

Summer Murdoch Pen Pals - Birthday greetings and Memorial Day, Flag Day, 4th of July and thinking of you cards are all needed throughout the summer months. Please be sure to acknowledge those summer birthdays and the holidays, too, for your designated pen pal(s). A new list will begin in September, but until then, please continue to remember your current pen pal(s). You are all so awesome remembering these residents who enjoy the cheerful greetings you send to them.

Note In The Pocket - Our club may not meet during the summer, but this charity continues to need its volunteers all year long to always be prepared for those children who are in need of clothing. Please sign up online at www.noteinthepocket.org for a time convenient for you. It's fun, it's worthwhile and it's nearby (Millbrook Rd. & Atlantic Ave. area).

Please remember to make your individual donations to the area's food collections for the community throughout the summer. "Everyone gets hungry spring, summer, winter and fall."

It's been a pleasure, a learning experience, an honor and lots of fun to serve as your Home Life CSP Chairman this year! The Home Life CSP members are awesome, but we couldn't have completed many of our projects this year without the participation of the fantastic greater membership. Thank you, everyone. Paula's email is: kpj2000@gmail.com.

Education CSP Mary Ann Iwig

Thank you to each of you who worked this school year tutoring in an elementary school or at the Boys and Girls Club. You can make such a difference in a child's life. Your efforts are so much appreciated.



Please turn in your tutoring hours for January –

May 2017 to Polly York pollyyork@nc.rr.com by May 29.

Sue Meehan is allowing extra time so we can include the May hours. Any hours that you tutor in June should be submitted with volunteer hours next fall.

Our CSP also wants to thank you for the magazines and children's books you have donated during this club year. Bessie White has kept the Wake Forest laundromats supplied with reading material. The WFWC grant money has helped with supplying books for the children and we are so grateful for the grant from Sam's Club.

Public Issues CSP Jo Lanni/Charlotte Palko

On August 5, the Wake Forest Purple Heart Foundation will host its annual dinner to honor local recipients of the Purple Heart Medal. The dinner and program will be held at the Richland Creek Church; doors open at 5:30 p.m. Wake Forest Woman's Club provides volunteers to assist the Purple Heart Foundation in any way they need assistance. There will be a volunteer sign-up sheet at the May 4 banquet and we would like to have five more volunteers. If you have any questions, please contact Jo Lanni, jolanni1010@gmail.com or by phone 717-580-4658. Thank you.



The Public Issues CSP will be working on purchasing and delivering needed supplies for the USO RDU Center and filling rack pack bags for deploying soldiers. For more information contact Charlotte Palko at 410-937-6089.

Conservation CSP Janet Lowe

Recycle! Reuse! Re-purpose!

Spring has sprung and the conservation CSP was busy in April with two community events:



Dirt Day (April 1): a celebration of all that's outside, we served over 300 kids, helping them to learn about planting seeds for their favorite vegetables. Many thanks again to Miriam Blinne and Sandra Pearman for their leadership, and all the many ladies who helped with the event in so many ways. A great team effort!

Arbor Day (April 22): a celebration of our forests and trees. At the time of this writing we're expecting another great turnout, and appreciate all of the ladies who also donated their time to make this a success. Many thanks to Martha Loftin and Miriam Blinne for their leadership.

Change of date and location for Walking the Trails for May: Due to construction and repairs of the greenways, we'll be meeting on Sunday, May 7 at 2 p.m. at the Smith Creek Soccer field parking lot to walk the Dunn Creek greenway.

This year we took a trip to a community garden, recycled eye glasses and CFL light bulbs, helped kids plant seeds and learn about trees, walked the trails of Wake Forest, supported the Town in their application for a

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grant, and created an award honoring one of our founding members. A busy and productive year!

Next fall we'll be starting early to participate in a gleaning event in early October at a local farm. We'll also see if we can work with the Wake Forest Greenway Advisory board to identify and complete another trail beautification project. Please also take the time during warmer weather to take a walk on our greenway trails.

Thank you for all your support, have a wonderful summer and see you next fall!

WFHS Junioresettes News

During the April 19 general meeting, as a Public Service CSP project, the Junioresettes assembled wrapped candies into 180 bags tied with ribbon. They put the filled bags inside the mail compartments of all the staff members at school. Each bag displayed this message: "In appreciation for all that you do, this treat is provided from us to you. Thanks for your support! From the Wake Forest High School Junioresette Club."



Hannah and Sue tie ribbons on the bags

We are pleased to announce WFHS Junioresette President, Mayla Gilliam (class of 2018), will serve next year as GFWC-NC Junioresette President. Mayla will work with Jill Sutphin, the GFWC-NC Junioresette Advisory Chairman, to establish Mayla's theme for charitable service and then to encourage other Junioresette clubs in North Carolina to include that theme in their own charitable projects.

-Junioresette co-advisors are Marilyn Bonnett, Salina Gary, Sue Meehan, assisted by Amy Brown

Show What You Know Bylaws, Policies & Procedures Contest

Congratulations to the random winners of the Show What You Know contest that tested our knowledge of the club bylaws and policies and procedures (or at least "made you look" for the answers).

To recap the winners and be sure to ask them about the rules if you have a question since they have proven that they know the answers!



- Quinn Berardinelli
- Karen Pettyjohn
- Linda Day
- Paula Johnson
- Miriam Blinne
- Martha Loftin times 2
- Nancy Perrone

I have enjoyed this contest and finding ways to stump you and making it fun!

Dawn Nakash Parliamentarian 2016-2017

Standing Committees

Hospitality *Tracy Mahl*

Wednesday Coffee Mornings will continue through summer!



Coffee at Ollies every Wednesday at 10 a.m. Please bring your friends! Ollies is located at 213 S. White Street, Wake Forest.

Finance *Hilda Parlér*

Financial Forms Usage

Club members, the Finance Committee requests that you use the latest versions of financial forms, which may be downloaded from the members' page of our website at www.wake-forest-womans-club.com. If you have trouble logging in, contact Web Editor Sharon Rasmussen (srasmussenWFWC@gmail.com), and if you have a question about completing a financial form, please be in touch with Finance Committee Chairman Hilda Parlér (hilda.parler@gmail.com).

Federation, State and District News

GFWC-NC State Convention- 2017

Our club's three voting delegates, Salina Gary, Marilyn Bonnett and Jo Lanni, attended the 115th Annual State Convention, April 21-22 at the Hilton Garden Inn in Cary, North Carolina. The meeting began with 133 clubwomen in attendance, 126 voting delegates, 7 non-voting.



Day one included reports from standing and special committees, including the President's Annual Report, and the Board of Trustees, Bylaws and Finance committees. The 2017-2018 budget proposal to increase membership dues by \$20 passed in a 97-29 vote, exceeding the 2/3 majority that was needed. All changes presented to the bylaws were also approved.

Our Club was recognized throughout the Friday afternoon awards presentations, and at the Saturday evening Awards banquet. We received the following recognitions:

- GFWC-NC Merit Award for a 10% or greater increase in club membership
- GFWC-NC Roll of Honor Clubs (for timely dues payment, club reports, and support of GFWC-NC sponsored charities)
- Women's History and Resource Center Award-Runner-up (for the work initiated and completed by Sharon Rasmussen, our website editor, in digitizing our club history and making it available on line to our members, and sharing it with the GFWC Women's History and Resource Center)
- GFWC-NC Federation Day Project Silver Tray Award Winner (for our 2016 Gloriosa Daisy planting at Joyner Park, to honor victims and survivors of Human Trafficking). As best in the

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state, our project will now be one of ten projects considered for an award (under Conservation) at the GFWC Convention in Palm Springs, CA in June.

- ESO Book Club Award was received for Sharon Rasmussen, who has achieved Third Century Level, meaning she has read and reported on 420 books.

Our Wake Forest High School Junioresettes received four awards:

- Placed on Roll of Honor Clubs
- Runner-up for Junioresette Membership Award
- Runner-up for Junioresette Best Overall Work in Home Life
- Runner-up for Junioresette Best Overall Work in Public Issues

Notable guest Speakers included Wendy Carriker, GFWC Treasurer, and Dr. Gail Hayes, a Lucy Bramlette Patterson Award winning author, speaker and executive leadership coach who spoke about the power of a woman who leads, and tips on creating and leaving your legacy.

There was also a District Movie Star Competition where each of the 9 state districts, represented by a Movie Star, solicited \$10 "Star" donations for the Legacy Fund. District 6 featured Stephanie Wallace, as Marilyn Monroe. The proceeds received from voting for your favorite star will be donated to the Legacy Fund.

We enjoyed meeting new club women and the opportunity to get reacquainted with those not seen since last convention to gather information, hear new ideas and celebrate the sisterhood of federation service and accomplishments.



Salina with the GFWC-NC Silver Award for Federation Day 2016



Summer Birthdays

June

- 3 Tawana Nowlin
- 7 Miriam Blinne
- 7 Kimber-Leigh Bennett
- 14 Amanda Thompson
- 23 Dora Pearce
- 25 Polly York

August

- 5 Amy Brown
- 12 Dawn Nakash
- 14 Carolyn Stoklas
- 15 Karen Dattilo
- 30 Nancy Perrone

July

- 1 Tracy Mahl
- 2 Donna Sylvester
- 9 Mary Petretich
- 19 Robin Gary
- 23 Salina Gary
- 28 Gorland McBride



Calendar of Club and Community Events

May

- 4 Club banquet, Fellowship Hall at First Baptist Church, 118 E. South Street, Wake Forest, 6 p.m.
- 6 ESO Book Club Meeting, Sharon Rasmussen's home
- 6 Meet in the Street, 10 a.m. South Taylor Street, South Brooks Street, and South White Street, Wake Forest
- 7 Walk the Trails, Dunn Creek Greenway, 2 p.m. meet at Smith Creek Soccer field pkg lot, scotjlowe@yahoo.com
- 8 Free at Three Movie, Renaissance Center, 405 S. Brooks Street, 3 p.m.
- 12 Input for March Mid-Month 'Minder due to Donna Jamieson, ddrjam@sbcglobal.net
- 12 Friday Night on White, Downtown Wake Forest, 6-9 p.m.
- 14 Mother's Day
- 19 Mid-Month Minder published
- 20 Rise Against Hunger, Wake Forest United Methodist Church, 905 S. Main Street, Wake Forest, Tawana@nowlinsales.com
- 29 Memorial Day

June

- 3 National Trails Day, 9 a.m. Carroll Joyner Park, 701 Harris Road, Wake Forest
- 9 Friday Night on White, Downtown Wake Forest, 6-9 p.m.
- 17 Wake Forest Charity Car Show, 9 a.m. S. White St. Wake Forest, Elaine Incorvaia, e.incorvaia105@gmail.com
- 18 Father's Day
- 23-26 GFWC Annual Convention, Palm Springs, CA

July

- 4 Art in the Park July 4 Celebration, Tracy Mahl, tracymahl@aol.com
- 14 Friday Night on White, Downtown Wake Forest, 6-9 p.m.

August

- 5 Purple Heart Foundation Dinner, Richland Creek Church, 5:30 p.m. Open to the Public; \$20 per ticket, Volunteers to arrive at 3:30 p.m., dinner to be provided jolanni1010@gmail.com
- 11 Friday Night on White, Downtown Wake Forest, 6-9 p.m.

September

- 7 General Club Meeting, Wake Forest Community House 6:30 p.m.
- 8 Friday Night on White, Downtown Wake Forest, 6-9 p.m.

Visit www.wakeforestnc.gov for other Wake Forest events

May Birthdays

- 1 Paula Johnson
- 14 Kathy Norris
- 1 Kathy Amass
- 23 Lu Chassin
- 4 Linda Tasadfoy
- 27 Debby Wood
- 7 Bessie White
- 29 Charlotte Palko
- 8 Dolores Riggins