



Wake Forest Woman's Club News and Views

September 2014

Jo Lanni, Editor
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General Meeting Call

Thursday, September 4, 2014

Location: The Wake Forest Community House, 133 West Owen Avenue, Wake Forest 27587

Membership Activity: We will take a group photo of our members at 6:45 p.m., so plan to arrive a little before 6:30 p.m. to get organized.

Meeting: 7 p.m.

Hosts: Executive Committee - Marilyn Bonnett, Gorland McBride, Susan Smith, Martha Loftin, Hilda Parlér, Sue Meehan, Kathy Norris, Salina Gary

Important Reminders and Requests:

Elected officers and the parliamentarian will sit at the head table for the Sept. general meeting

Elise King (Juniorette president) and her mother, Yvonne King, will be our guests.

We have invited a representative from the Wake Forest Junior Woman's Club to be our guest.

CSP members and their chairman will sit together.

Stephanie Wallace, our GFWC-NC District VI President, will be our guest speaker.

Our meeting theme will be fall colors, with an emphasis on the color orange. During the GFWC-NC State Convention held in Concord, NC, Stephanie and other district presidents drew "colors" to represent their two-year administrations. Stephanie drew the color orange. If your closet contains orange apparel or an orange accessory, it will add to the fun if you wear orange to the meeting. If not, there will be orange paper leaves available at the sign in table for you to wear under your name badge.

September Birthdays

- 2 Judy Davison
- 8 Quinn Berardinelli
- 11 Dottie Julio
- 11 Joy Taffar
- 17 Jane Wright
- 23 Sandra Pearman



President's Message

Marilyn Bonnett, 2014-2015 Club President
919-556-0387 or bonnettm@hotmail.com

Welcome to our club year 2014-2015! This is the back-to-school season, and when we see everyone together at our September meeting, it might remind us of our own school days when we were eager to connect with our classmates again after the summer vacation. Our first general meeting will be a return to what is familiar, but also a fresh start with some new opportunities in store.

As we return to our monthly routine of committee meetings, volunteer activities, and community projects, we will be prepared to invest our time and talents for the benefit of all. We will listen, observe, discuss, and step forward. We will especially enjoy doing tasks that make use of our personal strengths and preferences.

"Tell me about yourself." When I taught job-interviewing skills to high school students, I told them to be prepared for that request from employers at the beginning of interviews. Be ready to give a confident, sincere reply that contained substance. Talk about unique and marketable personal traits and skills. One of my goals this year will be to follow my own advice when I talk about our club to anyone who asks me about it.

"What does the Wake Forest Woman's Club do?" That question sounds like, "Tell me about your club." When someone asks, it will be my opportunity to answer confidently and with substance. I will say, "We are a diverse group of women who make a difference in our community and in our world by our volunteering. We carry out charitable projects that we organize ourselves. We enjoy working together and seeing the positive results of our efforts. We learn new things, make connections, and grow as individuals."

Our club is energetic, creative, and productive because our members are all of those things. Our impressive club history, from 1961 thru 2014, has paved the way for us today as we carry on the tradition to serve where needs are found.

Who are we, and what do we do?
We are volunteers in service, and we "*Make more joy.*"

Requests

Membership dues for the club year are due each September. A discussion of the budget and dues will be presented for a membership vote at this meeting. Come prepared with your checkbook.

Recording Secretary, Hilda Parlér, and Corresponding Secretary, Sue Meehan, ask CSP Chairmen to provide them, in writing, with the name, address, and official title of all guest speakers prior to their introduction at assigned meetings. This will insure correct notation for meeting minutes and a prompt “thank you” acknowledgement of their participation in our meetings.

Sue Meehan also asks that if you know of a member who is ill, in the hospital, or who needs our support, please let her know via email and she will send a card.

Introducing the WFWC Suggestions Box



At this year’s club meetings, near the refreshments table, you will see a pink and yellow box with the word “Suggestions” taped to the front. The box will contain note paper and pens.

If you have an individual question, an idea, or a comment that you would like to share with your elected officers, write a note and put it inside the box before you leave. If you sign your name on your note, you will receive feedback and encouragement for more discussion. Signing your name is optional.

Club News

Library Thanks Woman’s Club

During the summer, the Home Life CSP made and distributed 150 small reusable bags containing a healthy snack – 50 each during May, June and July – to children who attended story hours at the Wake Forest Community Library. The children’s librarian, Louise Bishop, handed out the bags following a story, and suggested the kids enjoy the adjacent playground to work off some steam. “Thanks for providing this special treat for the library,” Louise added. “We appreciate the partnership with the Wake Forest Woman’s Club.”

Clubwoman of the Year Award

On May 24, the Woman’s Club awarded Hilda Parlér her crystal bowl for Outstanding Clubwoman of the Year, at an informal luncheon at the downtown Tea Room. There are plans to do another award presentation for Hilda, with full membership participation, at one of our upcoming general meetings. Until then, Congratulations, Hilda!

Summer 2014 Charity Car Show

Our Club, once again, was invited to assist with registration for the Wake Forest Charity Car Show that was held on Saturday, June 14. It was a fun event while in service to the community. Club members volunteered to help during several shifts. Pictured above (L to R) are some of the early bird workers: Miriam Blinne, Tawana Nowlin, Quinn Berardinelli, Sandi Schwarz and Sue Meehan.



A big THANK YOU goes out to all of those who gave their time for this event. Your unending commitment and service to the Wake Forest community is appreciated and is just one of the many reasons for which we are known!

Grand Opening Luncheon – Carillon Assisted Living Facility

On July 18, Sue Meehan, Kathy Norris, Hilda Parlér, Joy Taffar, Marilyn Bonnett, Martha Loftin, Carolyn Furr, and Elaine Incorvaia enjoyed lunch and a tour of the new Carillon Assisted Living facility in Wake Forest, which recently opened. The ladies learned about partnering with Carillon for their Antiques Road Extravaganza event to be held on September 6, 2014.



Gleaning Event

Anne Triebert received an email from Rebecca Page, Triangle Gleaning Coordinator for the Society of St. Andrew, inviting our members to participate in a gleaning opportunity. A grower between Bunn and Louisburg had LOTS of cucumbers to glean on Saturday morning, July 19, from 9:00 a.m. to noon. This was a great opportunity for large groups of people as well as a good opportunity for individuals! Every gleaner makes a difference for many local people in need.

As fall approaches you can expect more opportunities to become available, especially with the harvest of sweet potatoes and collard greens just around the corner. If you would like to be contacted, let Ann know at atriebert@gmail.com.

Wake Forest High School Junioresettes

Introducing Elise King, 2014 -2015 Junioresette President of The Wake Forest High School Junioresette Woman's Club, soon to begin its second year of activities and service projects, will be in good hands with President Elise King. Elise, who is a high school junior this year, is a violin musician, an honor student, a scrapbooking enthusiast, and a charter member of the WFHS Junioresettes.



Elise lives in Wake Forest with her parents and two younger brothers. Her mother, Yvonne King, is a second-grade teacher at Wake Forest Elementary School. Elise and her mom have spent time this summer researching possible projects for the upcoming year's Junioresettes. Elise has a connection to the Franklin County Humane Society through her aunt, so one Junioresette project might be toys, beds, and treats for dogs and cats. Elise enjoyed last year's Junioresette project of baking and decorating cookies for the Masquerading Angels Ball, a benefit for the CHERUBS non-profit organization; and she would like it if the Junioresettes volunteer in that way again this year.

Last year eleven young women joined the WFHS Junioresettes as charter members. Four charter members graduated from high school in June, so this year's club will begin with potentially seven returning members.

The school advisor for the Junioresettes is Susan Tyson, Career Development Coordinator at WFHS. Salina Gary and Marilyn Bonnett are Co-Advisors from the Wake Forest Woman's Club. General meetings and programs are held once a month at 3:40 p.m. at WFHS. All WFWC members are invited to attend at least one Junioresette meeting to meet the members and to find out more about their volunteer projects. Visitors need to sign in at the front desk in the main office. Ask Salina or Marilyn for more details.

The Club's Second Annual Bowl-A-Thon

Our second annual Bowl-A-Thon was launched on Sunday, August 3, 2014, at the Brooks Street Bowl. Twelve teams competed during two sessions, 1:30 p.m. and 3:30 p.m. Several of the teams were also participants from last year. All of the bowlers seemed to enjoy their participation and many were recipients of the door prizes that our members recruited.

The winning team of the \$200 first prize was the Pyrites. They were recruited by club member Wendy O'Neal from her job. Many thanks to our generous donors, team sponsors



and club members who helped to make this a successful fundraiser. Stay tuned for a financial report from our Treasurer shortly.

Heritage Parade of Homes 2014

Carolyn Furr is organizing the Heritage Parade of Homes again this year. The Parade begins on Friday, October 4, and Saturday, October 5, and continues the on the next two weekends, Friday, October 10, Saturday, October 11, Sunday, October 12; Friday, October 17, Saturday, October 18, and Sunday, October 19. The hours are from 12 noon until 5 p.m.

We have been hostesses for these events since Heritage first opened 13 years ago. The Club is paid \$8 per hour to greet, welcome visitors, and hand out Parade of Homes books. More details and sign-up sheets will be available at our September 4 general meeting.

Community Service Program News

Arts CSP

Carolyn Furr, Arts CSP Chairman, reports that Arts CSP members are selling tickets for the Antique Road Extravaganza to be held at the Carillon Assisted Living Facility in Wake Forest on Saturday, September 6. Proceeds from this event will benefit our club. You can have those priceless antiques of yours appraised for only \$25 per piece.



Conservation CSP

Conservation chairman, Katy Green, reports that the Conservation CSP held their first meeting and they are excited for what they have planned for the year! Just a couple of ideas are Adopting a Trail, donations for the Wake County Animal Shelter, donations of butterfly habitats to a local first grade and planting wildflowers at Joyner Park just to name a few! They hope you will join them this year!



Education CSP

New Education CSP Co-Chairmen, Joy Taffar and Tawana Nowlin, report that their team has decided to continue the projects begun in the 2012-13 club year, and to expand and build on those activities.



They include the following:

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Tutoring students in reading at Wake Forest and Forest Pines Drive Elementary schools;

Placing books and magazines in the town's two Laundromats;

Supporting Backpack Buddies;

Donating school supplies for children in need;

Participating in the annual Chamber of Commerce Spelling Bee;

Selecting a winner of the Woman's Club Continuing Education Scholarship; and

Collaborating with the Wake County Literacy Council.

Many children in need would go hungry during the weekends, without the help of the North East Wake Backpack Buddies program. The program serves seven schools and 159 children. Food is sent home with children on Fridays. You are invited to support this project by purchasing and donating non-perishable food items.

Small donations of food can be delivered to Wake Forest Elementary or Heritage Elementary. At Wake Forest you can deposit your donation in the designated bin; and at Heritage donations may be placed in a shopping cart located in the lobby. If you see a great sale on food items and would like to make a large donation, contact Dora Pearce by email at dorapearce@embarqmail.com. She will make arrangements to pick up the items from you and deliver them to the packing site. Please email the amount you spend to Dora for Woman's Club reporting purposes.

Another way to support this project is the 5K Buddy run, 2 mile roller run, or 1 mile walk at Heritage on Saturday, September 20, 2014. Registration information is available at http://fsseries.com/index.php?action=event&event_id=191

International Outreach CSP

Package for Haiti Delivered

Quinn Berardinelli, International Outreach CSP chairman, happily reported that a large supply of clothing, toiletries, shoes, other personal items and school supplies have been delivered to the Ryan Epps Home in Haiti, and to their "adopted" student, Marie Pauline Jean Gilles. She thanks all clubwomen who provided their support in supplying the donations. The pictures in the next column show a smiling Pauline modeling one of her new dresses, and a group of Ryan Epps students (including Pauline in the foreground), as they participate in a community sewing class at the school.



CSP adds new Projects

As part of their projects for 2014-2015, the CSP has decided to support Pauline and the Ryan Epps Home for a second year.

They will also be collecting pennies for "Pedals for Progress," an organization that buys bikes for medical personnel to deliver medicines in Africa, along with collecting empty pill bottles that will be sent to hold the medications. They also plan to collect pillowcases and material to send to Tanzania, where local villagers make dresses for girls.

Their first project of the new club year will be in support of the annual Wake Forest CROP Walk for Hunger, which will be held on Sunday September 28, 2014. More information will be forthcoming at the September general meeting. Stay tuned!!!

Home Life CSP

Elaine Incorvaia, our new Home Life CSP Chairman, will have a list available for members to sign up as pen-pals to residents at the Murdoch Center. An individual may write, send cards, notes, and/or occasional small gifts at special times of the year. Many individuals seldom receive any type of mail and would really appreciate the birthday and holiday greetings!

Also, the Committee reminds members that October is Domestic Violence Awareness Month and they will be hosting the October meeting with a guest speaker from Safe Space, Monica Kearney, who is the Executive Director. The CSP collects items needed by Safe Space, Inc., a non-profit organization, first established in 1995 to assist domestic violence victims and their children.

Please remember to bring your donations to the September 4, 2014 club meeting. A list is provided at each meeting, but you can go to <http://www.ncsafespace.org> to see a current list of the most needed items.



DO YOU KNOW THEM?

They are one of the 4 million American women and men abused every year by their spouses or partners. They wear bruises in the form of a handprint, because the person who once promised to love, honor, and cherish them forever now grabs them in fits of rage. Their once bright future has become a living nightmare. Their hope has turned to despair. They could be your friend or relative, or even you. One out of every four persons in America will experience abuse at the hands of their partners, so chances are you know someone just like this. Domestic violence occurs among all ages, economic levels, and races. It is the single greatest cause of injury to women in America. It can range from threats and intimidation to death. In the U.S., four persons die each day as a result of this violence.



Public Issues CSP

Miriam Blinne, our new Public Issues CSP Chairman, reports that her team started the year by fulfilling their first goal. On August 9, they provided volunteer support for the 6th Annual Purple Heart Dinner. It was very meaningful to CSP members as they were able to experience the program along with carrying out their duties of welcoming guests, serving, and cleaning up. They reported it was also interesting to work with the Boy Scouts in completing these duties. The team also placed stars at each recipient's place as part of the Stars for Troops program. They were well received.



Chairman Blinne said, "We are excited to say that team member, Jane Wright, has secured a speaker, Donald Kroohs Jr., who is a Purple Heart recipient and on the Purple Heart Foundation Board, to speak at our November general meeting. We are very excited that he will be speaking and look forward to learning more about the foundation."

Standing Committees and Special Projects

Club Photographer, Debby LaPierre, wants you to say CHEESE!!

At 6:45 pm on September 4, we will be taking a group picture of our club members. Please plan to arrive at the September general meeting prior to 6:30 pm. The photo may be used for publicizing the club to the community, prospective donors, and potential new members. We ask

every member to sign a photo release form. Not sure if you have signed a release? Check the log that will be available for review as you sign in. If you have not already signed a release, pick one up at the sign-in table. Please give your signed form to Debby LaPierre before you leave the meeting.

The Press Book and Publicity Committees

Jo Lanni, News & Views editor; Dawn Nakash, Facebook editor; Jennifer Nyland, Scrapbook editor; and Debby LaPierre, Press Book editor, encourage each CSP committee to document their activities during the 2014-2015 club year. A memento representing the activity, a brief write-up about the activity and, if possible, a photograph documenting the activity is all it takes. Give the information to any member and they promise to get it to the appropriate party. Sending an email? Their addresses are: jo.lanni@yahoo.com, dawn@daybreakmarketing.com, jenninyland@gmail.com, debbylapierre@gmail.com. If the email includes a photo, please copy Debby so it can be included in our club photo collection.

The Yearbook Committee

YEARBOOK – A WORK IN PROGRESS!!!

Committee Chairmen and Executive Committee – Please submit any dates important to your position or committee for inclusion in the Club Calendar of Events (examples are the September 28 Crop Walk and the October Parade of Homes Fundraiser).

ALL Members – Please review your personal information (name, contact information and birthday). You may view your current information at www.wake-forest-womans-club.com, under the Members section, Yearbook, Section B, Pages 13 –17. If you have a problem accessing the member section of our website, contact Sharon Rasmussen at rasmussensmith@nc.rr.com. If you find an error, please submit corrected information.

Please send your calendar information and your corrected personal information to Debby LaPierre at debbylapierre@gmail.com before September 8.

Membership

Gorland McBride and Carolyn Furr, this year's membership Co-Chairmen, wish to remind all members that your involvement is what makes this organization function and flourish. Each member has her own unique talents and abilities, which help us to bring our outreach of community service to even more individuals. Please consider bringing a friend along to one of our meetings. They just might enjoy what they hear and see, and

decide to join us in our quest to serve and “Make more Joy.”

Club Bookmarks available for distribution

The club has the healthy supply of our “Seasons” bookmarks, first printed in 2012. Many of them have been given away as informational promotions for the club. They are available for all members to give way this year too, at the events you staff on behalf of the Woman’s Club. Contact Carolyn Furr at cfurr1@nc.rr.com to let her know how many you will need and make arrangements to pick them up from her at the Chamber of Commerce office on South White Street.

Federation, State and District News

GFWC-NC Regional Summer Meeting

Several club women attended the GFWC-NC Regional Summer Meeting in Tarboro, on Saturday, July 26. Our members attended workshops for all six CSP areas, as well as for Domestic Violence Prevention and workshops on increasing membership and enhancing leadership within local clubs.

Shown in the picture taken during lunch are members Martha Loftin and Sue Meehan, along with guest Ilina Ewen, a featured speaker for a [Shot@Life](http://Shot@Life.org) organization, which provides needed vaccinations to children in Africa and India. Also in attendance but not shown in the picture are Marilyn Bonnett, Tawana Nowlin, Salina Gary and Hilda Parlér.



Epsilon Sigma Omicron Book Club

The ESO Book Club is a group of a half-dozen or so clubwomen who enjoy reading and discussing selected books over a snack or light meal every other month in the hosting member's home. WFWC members are invited to join in. Lu Chassin will host our next book, "Consequences," by Penelope Lively, some time in October. Please contact Sharon Rasmussen for more info at rasmussensmith@nc.rr.com or 919-435-6455.

Calendar of Club and Community Events

September

- 3 Understanding Medicare. Free Seminar sponsored by Carillon Assisted Living of Wake Forest, 3218 Heritage Trade Drive, Wake Forest. 6:00 p.m.
- 4 General club meeting, Wake Forest Community House, 6:30 p.m., hosted by the Executive Committee
- 6 Antique Road Extravaganza, Carillon Assisted Living of Wake Forest, 3218 Heritage Trade Drive, Wake Forest. Benefits the Wake Forest Woman’s Club.
- 8 Mid-Month ‘Minder – items for September issue due to Jo Lanni, 919-435-7836 or jo.lanni@yahoo.com
- 19 “News and Views” – items for October issue due to Jo Lanni, 919-435-7836 or jo.lanni@yahoo.com
- 28 CROP Hunger Walk in Wake Forest

October

- 2 General club meeting, Wake Forest Community House, 6:30 p.m. hosted by Home Life CSP
- 3-5, 10-12, 17-19 Heritage Parade of Homes 2014, noon to 5 p.m., Heritage of Wake Forest. To volunteer, contact Carolyn Furr, 919-556-1371 or cfurr1@nc.rr.com
- 8 Mid-Month ‘Minder – items for October issue due to Jo Lanni, 919-435-7836 or jo.lanni@yahoo.com
- 20 “News and Views” – items for November issue due to Jo Lanni, 919-435-7836 or jo.lanni@yahoo.com
- TBA ESO Book Club Meeting, contact Sharon Rasmussen, 919-435-6455 or rasmussensmith@nc.rr.com
- 30 Chamber of Commerce Expo – Wake Forest Charter Academy, Arts and crafts table for children.