



Wake Forest Woman's Club News and Views

November 2018

Jo Lanni, Editor

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Notice of Meeting

Thursday: November 1, 2018

Location: Wake Forest Community House
133 West Owen Avenue

Social and Refreshments: 6:30 p.m.

Meeting: 7 p.m.

Hosts: – Arts CSP Co-Chairmen Tammy Baldwin and Sharon Rasmussen, Nancy Austin, Mary Ann Iwig, Janet Lowe, Dora Pearce, Mary Petretich, Amanda Thompson

Program: November is Alzheimer's Disease Month, and the theme will be "Remember When." Members will participate in the creation of Sensory Blankets to be given to local dementia patients.

Important Reminders:

Christmas Party

The Christmas Banquet will be Dec. 6 at 6 p.m. The business meeting will be followed by a potluck dinner. The food assignments according to the first letter of your last name are:

- A to C – Dessert
- D to O – Appetizer, Salad or Side
- P to Z – Dinner Item

Each club member is asked to bring a wrapped Christmas tree ornament with an approximate \$10 value.

Banquet Committee: Maggie Andersen, Chairman; Becky Barber, Amy Brown, Katy Green, Terrell Hickman, Tracy Mahl, Lisa Martin, Karen Pettyjohn, and Janice Thalman.

Dignitary Lunch

Sign up during the November 1 meeting to help host the Dignitary Lunch on December 8

Last year the event moved to The Forks Cafeteria, and it will be there again this year on Dec. 8. See the sign-up sheet at the Nov. 1 meeting for club members who would like to cook the menu items at home and/or volunteer as hosts from 9:30 a.m. until 1:30 p.m.

Wednesday Coffee Mornings...

...are casual drop-in events and meet weekly at 10 a.m. at the Lemon Tree Café, at 113 S. White Street, downtown.

President's Message

Hilda Parlér, 2018-2019 club president

Wake Forest Woman's Club
P.O. Box 1614, Wake Forest, NC 27588



Ladies,

The GFWC-NC District VI Fall Meeting was held Saturday, Oct. 20, in Durham at Epworth United Methodist Church from 8:30 a.m. to 12:30 p.m. The Durham Woman's Club and our club were the co-hosts. GFWC-NC District VI President Ashley Rain presided. "Be the Missing Piece" is her maxim for 2018-2020.

WFWC provided breakfast foods, beverages, tablecloths, name tags, pens, bin for art supplies and fleece.

The following members of the WFWC attended: Marilyn Bonnett, Salina Gary, Paula Johnson, Martha Loftin and Hilda Parlér. Ladies, your support and participation were proudly appreciated.

Marilyn was listed in the program as the District VI International CSP Chair and led the Pledge of Allegiance to the U.S. Flag and the Salute to the NC Flag. She is also a District VI Juniorette Advisor. Paula is now an official member of the District VI Nominating Committee, 2018-2019. Congratulations!

We are immensely proud that our club is very visible and some of our members are involved on the district level. Highlights of the meeting were:

- Greetings were extended from Ann Landis, GFWC-NC President and GFWC-NC 1st Vice President, Helen Richie.
- The Helene Foundation history and services provided to women who are actively undergoing treatment of cancer with children 18 years and under was presented by Susan Bowers, Executive Director.
- Service Project, Blankets for Helene Foundation, was completed by attendees and the blankets will be used by cancer patients who get very chilly during their cancer treatments.

- GFWC-NC Special President’s Project on Wellness was presented by Misty Deyo, District VI’s liaison.
- Helen Richie reminded us to share with our treasurers to make sure our financial data is correct and provided the GFWC-NC Remittance Form to give to our treasurers and Finance Committees.
- Leadership Activity: What are the characteristics of leaders? It was presented by Penny Lauricella, District VI, Leadership.
- Cash raised is for NC Hurricane Relief Victims and possibly Florida victims. FL donated funds to NC.
- Art supplies collected will go to our club’s charity, The Wake Forest Boys & Girls Club.
- Our Publicity Standing Committee Chair, Elaine Incorvaia, submitted requested summaries of projects that our club is currently doing and The Wall That Heals made it in time to be submitted in the announcements. We were the only club to submit summaries.

The GFWC Southeastern Region Conference will be held November 1-4 in Winston Salem. 130 attendees are expected and in lieu of donating 130 items for goodie bags that represent NC, our club has donated \$25 toward the purchase of the items.

Service abounds, ladies, all over our state.

“Continuous Commitment to Our Club and Community”

Hilda



Club News

WFWC Yearbook 2018-2019 is now available on the club’s website:

www.wake-forest-womans-club.com

Contact our website editor, Sharon Rasmussen, if you need login information:

srasmussenwfwc@gmail.com

Would you like to be in touch with the co-chairmen of the Home Life CSP, but you forgot that Martha Loftin and Barbara Mann are the ones, and you need to find out? Do you need to know a phone number to contact one of our new members, Beth Dunn? Do you want to bake a birthday cake for President Hilda Parlér but forgot when she celebrates that event?

The Member Roster, Member Birthdays, Standing Committees and Special Committees, and Community Service Programs pages in the Yearbook will answer so many possible questions. There’s more: Quick Reference; Frequently Asked Questions; WFWC website; Budget; Calendar of Events; Bylaws; Policies and Procedures; History and Traditions; and Awards. That’s not all! Oh, my!

Note: Updates to the 2018-2019 Yearbook will be posted on the club’s website, Members’ Page, and may be accessed by following a link named Yearbook Errata. The revised Yearbook 2018-2019 will be made available in a January 2019 revision. *Submitted by Marilyn Bonnett.*

WFHS Juniorette News

The WFHS Juniorettes carry out their first Public Issues CSP project.

During the regular Wake Forest High School Juniorette Club meeting after school on Wednesday, Oct. 17, one additional officer joined the officers’ team for this year’s leadership opportunities. Emily Phillips, pictured in the middle of the second row in the photo, was installed as the First VP of Communications. She will create at least two club newsletters (one in December and one in April), and she will handle the communication tool known as Remind to send meeting reminders to all the members. This year, so far 17 members have completed the required paper work and paid the \$20 dues for membership. Mrs. Tyson, the club’s faculty advisor, shared leadership conference opportunities that are available to all students as school field trips and that require a completed, parent-signed application form to be returned to Mrs. Tyson by a deadline date.



The seven 2018-2019 Juniorette officers will put into practice their president’s goal of Awareness and Advocacy.

Note: Previously the Juniorette meetings had been set for the third Thursdays. However, the officers have decided to return to the traditional meeting dates on the third Wednesdays. The 2018-2019 school year marks the Juniorettes’ sixth year in service to the community. Co-advisors for the Juniorettes are Marilyn Bonnett, Amy Brown, Salina Gary, Sue Meehan, Nancy Ruffin, Amanda Thompson, and Polly York. Susan Tyson is the faculty advisor. *Submitted by Marilyn Bonnett.*

Community Service Programs

Arts CSP

Sensory Blanket project

Thank you to all those who donated items to use in our Sensory Blanket project. Because of your generous donations of both time and doo-dads, we will be able to create over twenty fidget mats! Each mat is sewn from soft cloth and incorporates sensory objects to stimulate sound, sight and touch. They will be distributed to local Alzheimer's patients in December, just in time for the holidays.



Tree Lighting

The annual Lighting of Wake Forest will be held on Friday, Nov. 30, from 6 to 8:30 p.m. The Arts CSP will have a craft for the children and provide an opportunity for them to write a letter to Santa. Club women who are interested in volunteering for this event, please sign up at the Nov. 1 general meeting or contact Sharon Rasmussen at srasmussenWFVC@gmail.com or Tammy Baldwin at tammy_baldwin@yahoo.com.
Submitted by Tammy Baldwin and Sharon Rasmussen.

International Outreach CSP

Reminder from International Outreach CSP: "Get a Shot. Give a Shot."



Who? Club members. Write your name on the Participation Sign-Up sheet during a club meeting after you have received a vaccine shot at a Walgreens pharmacy. So far, three members have signed the sheet.

What? Optional participation: "Get a Shot. Give a Shot." For all vaccines, not just for flu, Walgreens will donate a life-saving vaccine to a child in need.

When? This CSP project began on Jan. 1, and will end Dec. 31.

Where? Any Walgreens pharmacy

Why? This is a GFWC-approved Partnership Project.

Your support will count in the grand total of Federation women who participate. We will report the number of our participants to GFWC.

Submitted by Marilyn Bonnett.



Find the sign up list and reminder cards on the sign-up table.

Public Issues CSP

The Wall That Heals

Many thanks to club members who assisted at the Wall That Heals traveling display at Joyner Park. The display is a three-quarter scale replica of the Vietnam Veterans Memorial in Washington, DC. Your giving of your time is much appreciated.

Members of the CSP cut oranges for 200 participants at the Tunnel to Towers 5K Run/Walk on Oct. 13. The event that traveled through Wake Forest benefitted the Stephen Siller Foundation, which honors the sacrifices of first responders and military heroes.
Submitted by Elaine Incorvaia.



Wreaths Across America

Please join CSP members in donating a wreath in honor of a living veteran or in memory of a departed veteran through www.wreathscrossamerica.org.

The CSP will also assist with the laying of wreaths at the Historic Oakwood Cemetery in Raleigh on Dec. 15 at 12 noon. To sign up online, use the following link: <https://wreathscrossamerica.org/pages/19204/Overview/?relatedId=16689> or you may just arrive at the Cemetery to assist. *Submitted by Elaine Incorvaia.*



MEMBER CORNER

New Members

The Wake Forest Woman's Club would like to extend a warm welcome to three new members – Beth Dunn, Tracy Fandl, and Michelle Raineri – all of whom attended the club's October general meeting and are residents of Wake Forest.

Beth Dunn has been heavily involved in her son's school's PTA in grade school. She worked as a clinical research coordinator prior to becoming a stay-at-home mom. Beth is interested in the Home Life, Education, and International Outreach CSPs and was the guest of Tracy Fandl at the October meeting. Beth's birthday is July 17 and her email is bethldunn@gmail.com.

Tracy Fandl volunteers every year for the American Heart Association. She has lived in North Dakota, Texas, Illinois, and in Europe for two years. Tracy is interested in the International Outreach and Education CSPs and was the guest of Lisa Martin, who joined in September. Tracy's birthday is Dec. 23, and her email address is tracy_fandl@mac.com.

Michelle Raineri found the Wake Forest Woman's Club through its Facebook page after she did a google search for "volunteer opportunities in Wake Forest." Michelle is interested in the Education CSP. When Michelle answered the Application for Membership's "Please tell us some of your life experiences/interests/aspirations," she wrote "*mom, entrepreneur, Girl Scout Leader, 4H Leader.*" Michelle's birthday is May 21 and her email address is mkr27587@gmail.com.

Standing Committees and Special Projects:

Gloriosa Garden Clean-Up

On Sept. 1, members of the Gloriosa Daisy Garden Committee, Nancy Perrone, Kathy Norris, and Janet Lowe, along with Janet's friend, Tina, met at Joyner Park and braved a VERY hot day to pull weeds that seemed to have roots five miles down!

After winning the weeds over, the committee unfortunately realized that many of the daisy plants were dead, probably from a vole dining on the roots.

The committee will be formulating a plan to hopefully replace the plants with more daisies and some plant varieties that have a long blooming season and are deer and vole resistant, and may need club members to peruse their own gardens for donations. More information on that will be forthcoming!

Submitted by Nancy Perrone.



Before and After shots - club members Nancy Perrone, Janet Lowe and Kathy Norris tended to the garden!

Betsy Ross Flag was on display at Wall That Heals Exhibit.

Pictured is the Betsy Ross Flag created by children of Wake Forest at the July 4th Art in the Park sponsored by the Wake Forest Woman's Club. The flag is proudly displayed at the Wall That Heals, a three-quarter scale traveling replica of the Vietnam Veterans Memorial in Washington, D.C. which is now at Joyner Park (Harris Road). Many club members volunteered while the display was in town.



Calendar of Club Events

November 2018

- 1 General Club Meeting: 6:30 p.m. Social • 7 p.m. Program and Business Meeting, Wake Forest Community House, 133 W. Owen Avenue • Hosts: Arts CSP, Co-chairmen Tammy Baldwin and Sharon Rasmussen
 - 1-4 Southeastern Region Meeting, Winston-Salem, NC
 - 9 Publicity/Press Book/Yearbook Committee meeting: 3 p.m. Crenshaw Hall Plantation Clubhouse, 1009 Federal House, Elaine Incorvaia, chairman
 - 27 December WFWC News and Views Newsletter published, Jo Lanni, newsletter editor
 - 29 December WFWC News and Views newsletter published
 - 30 Lighting of Wake Forest, Arts CSP, Tammy Baldwin and Sharon Rasmussen, co-chairmen
- TBA GFWC-NC Fall Conference, GFWC-NC President Ann Landis

December 2018

- 1 2018 Christmas Historic Home Tour, 1 to 7 p.m., Martha Loftin, coordinator for WFWC
- 6 General Club Meeting and Christmas Party, 6 p.m., Wake Forest Community House, 133 W. Owen Avenue, Hosts: Banquet Committee, Maggie Andersen, chairman
- 8 Wake Forest Christmas Parade fundraiser
- 8 Dignitary Lunch at 11 a.m. for Town officials, The Forks Cafeteria, Marilyn Bonnett, coordinator
- 14 Publicity/Press Book/Yearbook Committee meeting: 3 p.m. Crenshaw Hall Plantation Clubhouse, 1009 Federal House, Elaine Incorvaia, chairman
- 27 January WFWC News and Views newsletter published, Jo Lanni, newsletter editor
- 31 Completed CSP Project Report Forms due to 1st VP Gorland McBride for CSP projects completed between January 1 and December 31, 2018

Save The Date – Volunteer opportunity for the Meals on Wheels annual fundraiser on Friday, March 1, 2019 at the Raleigh Marriott Crabtree Valley Hotel. Club members in the past have assisted in decoration set-up the day of the event and then in the evening with registration. Dinner will be provided for evening volunteers. Please contact Elaine Incorvaia at e.incorvaia105@gmail.com for more info or to sign up.