



**WAKE FOREST
WOMAN'S CLUB**
Service to the Community Since 1961

Wake Forest Woman's Club News and Views

Celebrating 60 Years of Service – 1961-2021

February 2021

Jo Lanni, Editor

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Notice of Meeting

Thursday: February 4, 2021

Location: Zoom Meeting

Meeting: 6:30 p.m.

Hosts: Environment CSP - Chairman Elaine Incorvaia, Maggie Andersen, Liz Arnold, Quinn Berardinelli, Paula Johnson, Susan Korzon, Tracy Mahl, Mary Petretich, Sharon Rasmussen and Susan Smith

Program: The speaker will be Maria Mull who will present "Raising and Attracting Butterflies to Your Garden."

Important Reminder:

The month of February has been designated as Black History Month by every US President since 1976. The month was chosen because the black abolitionist Fredrick Douglass and Abraham Lincoln both have birthdays that occur during the month. The Town of Wake Forest is hosting several events (mostly virtual), by the Human Relations Council, the Historic Preservation Commission and the Wake Forest Historical Museum, that will offer an opportunity to honor the accomplishments of black Americans and to acquaint many with their significant contributions in art, history, politics and more. ***Please see the flyer attached as page 5 of this newsletter for more detailed information.*** Submitted by Salina Gary.

CLUB NEWS

WFWC Helps Preserve History

Margaret Weininger, club president in 1975, took on as her President's Project the renovation of the three-room suite bathroom in the Calvin Jones House. This historical house now stands in front of the Wake Forest Historical Museum on N. Main Street. Much attention to detail was given by Margaret with the help of the club. New wallpaper and windows, painting and carpet were the basics of this effort and details such as homemade curtains and hurricane lamps made final touches. A marble top vanity circa 1870 was a welcome donation. Our club is fortunate to have had the opportunity to be part of this renovation, as this house represents the

President's Message

Tracy Mahl, 2020-2021 club president

Wake Forest Woman's Club

P.O. Box 1614, Wake Forest, NC 27588



Dear Friends,

Time seems to be dragging and flying at the same time - don't you think? However, very soon "normal" club life will come back, and we will be flying through projects as usual.

In the meantime, there is something we can control: our thoughts. Choosing what thoughts to think can go a long way toward making you happy or sad, lonely, or connected, stuck under a cloud or ready to see the sun come out.

So, let's get started! Here is our *Choosing Happy* February Checklist:

- February 4 – Acknowledge that life is a big challenge – and that YOU can make it more positive by the way you think.
- February 5 – It's movie night! Here are some funny feelgood recommendations: *Four Weddings and a Funeral, You've Got Mail, La La Land, Some Like it Hot*
- February 9 – Make a list of 10 people (living or dead) that you would invite to a dinner party. Why did you choose them?
- February 14 – It's Valentine's Day! Tell someone you love them.
- February 19 – What's your favorite meal? Cook it for dinner!
- February 24 – When did you meet your best friend? Mail her a cheerful note.

Bonus – Limit your screen time on your devices and let your thoughts slow down.

Let's see how this works for us and we can share some of our answers at the March meeting.

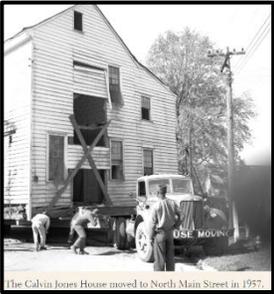
Our club is gearing up for the Arts Festival on February 20 and nominations for the Executive Committee for 2021-2022. Please note the details in articles below.

Choose Happy!

Tracy

establishment of education as an integral part of Wake Forest.

This was almost not so! In 1956, when the college moved to Winston-Salem, this derelict building was set for demolition but was instead moved to its current location thanks to members of the Wake Forest Garden Club.



The Calvin Jones House moved to North Main Street in 1957.

The Dr. Calvin Jones House is now part of the Wake Forest Historical Museum and maintained by the Wake Forest Birthplace Society. The Wake Forest Women's Club makes

annual donations and has supported it over the years through various CSP projects.

Take a Virtual Tour of the Dr. Calvin Jones House by [clicking here](#). Submitted by Tracy Mahl, Historian.

Nominating Committee News Call for Nominations for the 2021-2022 Executive Committee

As outlined in the Club Bylaws, a nominating committee composed of three members was appointed by President Tracy Mahl at the January general meeting. The Committee members are Salina Gary Chairman, Susan Goodman, and Liz Arnold. They are in the process of canvassing members and will present a slate of candidates for election at the March general meeting. Nominations from the floor are always acceptable provided the candidate has given her consent in advance. Installation of officers shall be held at the May general meeting, and the new officers shall assume their official duties at that time. No member shall serve more than two consecutive terms in the same office.

The Executive Committee positions are: President, 1st Vice President, 2nd Vice President, Treasurer, Recording Secretary, Corresponding Secretary, and Chaplain. The position of Parliamentarian is the only officer not elected by the membership. She is appointed by the President. A detailed description of the duties and responsibilities of each position is outlined in the Club Yearbook under Bylaws Article IV, pages C-3 and C-4; and under Policies & Procedures-Duties of Officers pages D-5 and D-6. A presentation to the Club outlining the duties will be presented at the February general meeting to address any questions about the positions and/or the process.

All nominations should be sent to the Nominating Committee by email or phone call no later than Monday, February 15. Submitted by Salina Gary.

Continuing and expanding the club's charitable program: From Ewe to You

This is an invitation for all who enjoy crocheting or knitting for the charity, *From Ewe to You*. This program continues in 2021! Notify Marilyn Bonnett (bonnettm@hotmail.com) about handmade projects currently being completed and stored at home for donation to Hannah Moyles' charity. Hannah, founder of *From Ewe to You*, has verified that WakeMed Hospital is now accepting her deliveries of handmade baby caps and blankets. Marilyn will drop off a small collection of crocheted/knitted items to Hannah's front porch at the end of January.

From January to October in 2020, 23 club members invested 1,934.5 volunteer hours and \$413 In Kind donations of the members' own yarn. Hopefully soon, Hannah will send a notice about her receipt of more donated yarn. For those who still have some of Hannah's previously donated yarn, and for those who enjoy purchasing In Kind donations of yarn, join Marilyn and Kathy Norris (two club members who crochet daily) to join in on this year's new handmade efforts.



Already in 2021, Kathy Norris has donated 10 crocheted adult caps and a scarf to Oak City Cares.

Good news about expanding the outreach: Hannah has agreed with a reply of "Absolutely!" to the question of club members' using *From Ewe to You* charity's donated yarn to create handmade items for other non-profits, such as other hospitals, shelters for homeless people, wildlife rehabilitation, and animal rescues. In those cases, our members deliver the handmade items themselves, instead of dropping them off at Hannah's. Those handmade/delivery efforts "will count" in the 2021 calendar year, so report the details to Marilyn. Dust off those crochet hooks and knitting needles! Submitted by project point person Marilyn Bonnett.

Send a Smile Campaign

Thank you to all who have supported this project with cards or messages. Over 200 cards were delivered to Transitions LifeCare the last week of December. This project will continue through April 30. At that time, Miriam Blinne will collect any completed cards and deliver them to Transitions.

The cards are fun and easy to make and it is something everyone can participate in. Guidelines are to hand make cards using cardstock. Decorate



it any way that is appropriate. Write a simple caring message inside and sign the card, placing it in an unsealed envelope.

Please contact Miriam for instructions or materials if needed. It would be great if a small group could get together to construct and write messages. Please submit names and hours spent, any in kind donations that were spent on materials. Thank you for your support.

Submitted by Miriam Blinne.

WFHS Juniorette News

Wake Forest High School Juniorettes are hosting a food drive.



For a Health and Wellness CSP project in January and February, the Juniorettes decided to collect non-perishable food for donation to the Wake Forest Boys and Girls Club. A list from the Boys and Girls Club specifically requests Goldfish crackers, packaged fruit snacks, peanut butter and jelly, bottled water, juice boxes, applesauce, pudding cups, soup, and canned pasta meals.

Juniorettes will deliver the food items to co-advisor Marilyn Bonnett's front porch. The drive began on January 21 and will end on February 18. Then the collection of non-perishable food will be delivered to the Boys and Girls Club. The Juniorette co-advisors will participate in the food drive. The Juniorettes invite other interested WFWC members to help, too.

WFWC members who would like to participate should get in touch with Juniorette co-advisors Marilyn Bonnett (bonnettm@hotmail.com) or Sue Meehan (suemeehan44@gmail.com) about where/when to drop off much-appreciated food donations for this project.



Juniorette Lindsay gave the first two donations for the food drive.

Co-advisors for the 2020-2021 Wake Forest High School Juniorettes are Marilyn Bonnett, Amy Brown, Susan Goodman, Sue Meehan, Nancy Ruffin, and LaRoyce Stringer. Helen Owens is the WFHS faculty advisor. *Submitted by Marilyn Bonnett.*

DISTRICT VI NEWS

Arts Festival News

The *VIRTUAL* District VI Arts Festival will be held on February 20 at 9 a.m. The "Call" was sent in an eblast on January 21 with the registration information (free) and the Zoom link. This is a great opportunity for more clubwomen to attend.

Registration is required. *Submitted by Arts Festival Chairman, Becky Barber.*

Community Service Programs Education and Libraries CSP



The CSP will be in touch with Buffy Bullard, Sam's Club Manager, to obtain a publicity photo to post to the club's website and the club's Facebook page regarding the receipt of a \$500 grant from Sam's Club. It was decided that the money would be spent for STEM books for Family Promise of Wake County.

Some of the CSP's budget will be allocated for bilingual books for AventWest Children's Mentoring for 28 students in Grade 1 through Grade 5. Approval was also given to purchase two recurring annual magazine subscriptions. *Submitted by LaRoyce Stringer.*

Health and Wellness CSP



The Health and Wellness CSP would like to spotlight several Health Observances. **Age-Related Macular Degeneration/Low Vision Awareness Month** - According to the Low Vision Awareness website this condition affects millions of Americans and can make it hard to do things like reading, shopping, cooking, or writing. Although it can't be fixed, vision rehabilitation can help people stay independent. [Low Vision Awareness Month | National Eye Institute \(nih.gov\)](#)

National Children's Dental Health Month - This observance promotes good oral health for children. At the website below, activity sheets and colorful posters can be found in both English and Spanish. Share these resources with the children in your life. [National Children's Dental Health Month \(ada.org\)](#)

American Heart Month - Heart Disease is the number one killer of women. According to the American Heart Association, although the most common symptom of a heart attack is chest pain, other symptoms are shortness of breath, nausea/vomiting, and back or jaw pain. [American Heart Month | NHLBI, NIH](#)

A CSP member will be at all WFWC collection events to collect clothing, toys, and baby equipment for Safe Space (no books), and egg cartons and grocery bags for Tri-area Food Ministries (no 6 or 18 count cartons, please).

A Health and Wellness representative will collect at all WFWC Collection Events.

- ✚ Safe Space: home wares, clothing, toys, and baby equipment (no books)
 - ✚ Tri-Area Ministry Food Pantry: egg cartons and grocery bags
 - ✚ Note in the Pocket: children's clothing,
- Submitted by Dora Pearce.*

Civic Engagement and Outreach CSP

The CSP recently met via Zoom to discuss future plans for the remainder of the club year. Topics for the March meeting program were decided upon. Club members will be treated to an informative discussion.



Free the Girls Project

Cleaning the house? Trying to get a fresh start? CSP members are asking club members to look in drawers and closets to spot a bra that will most likely never be worn again. If it is clean and in good condition, DONATE IT TO FREE THE GIRLS!



These donations will bring economic opportunities to girls working in second-hand clothing markets in developing countries. The CSP's goal is to reach 150 bras by end of this club year. Look for us at all Club Collection Days. *Submitted by Nancy Ruffin.*

STANDING COMMITTEES AND SPECIAL PROJECTS

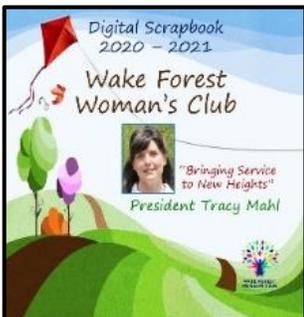
Two recent Communications Standing Committee revisions are on the website.

Website Editor Tammy Baldwin has published the January 15 revised version of Yearbook 2020-2021 in the Members Home section of the website (www.wake-forest-womans-club.com).



Note that the most recent revisions to the Yearbook are shown in red text. All members who prefer to have an all-black text version may get in touch with Yearbook Editor Marilyn Bonnett (bonnettm@hotmail.com). To any member who finds an error in the most recent Yearbook version, contact Marilyn.

A new feature on the website in the Members Home



The Yearbook is an indispensable guidebook for every club member. The Digital Scrapbook tells the picture story of this club year.

section is the work-in-progress Digital Scrapbook 2020-2021. At least once each month Digital Scrapbook Editor Marilyn will send the evolving scrapbook to Website Editor Tammy for publication. Visit the website each month through August to see the recent changes.

Submitted by Yearbook Editor and Digital Scrapbook Editor Marilyn Bonnett.

Club Calendar of Events

Note: All locations and dates/times are subject to change. Email eblasts and newsletter articles will provide up-to-date information.

February

- 4 General Club Meeting: 6:30 p.m., hosted by Environmental CSP, Elaine Incorvaia, chairman
- 6 Collection Event, Wake Forest Community House parking lot, 10 – 11 a.m.
- 15 6:30 p.m. Zoom meeting for Communications Standing Committee, Paula Johnson, chairman
- 15 News and Views newsletter articles for March are due to Jo Lanni, newsletter editor
- 20 Virtual District VI Arts Festival: Chairman Becky Barber
- 25 March WFWC News and Views newsletter published, Jo Lanni, newsletter editor

March

- 4 General Club Meeting: 6:30 p.m., hosted by Civic Engagement and Outreach CSP, Nancy Ruffin, chairman: **President to appoint three members to audit club treasurer's books. *President to appoint Art in the Park committee *Elect club officers. *Appoint two delegates and alternates for GFWC-NC Convention. *Bring gifts for WFWC Continuing Education Scholarship recipient and for WFWC Betty Ann Wilkinson Technical Education Scholarship recipient*
- 6 Collection Event, Wake Forest Community House parking lot, 10 – 11 a.m.
- TBD North Eastern Regional Business Alliance Youth Leadership Conference, Ledford Center, Southeastern Baptist Theological Seminary
- 13 GFWC-NC "State Arts Festival," Mebane Arts and Community Center: Chairman Becky Barber
- 15 6:30 p.m. Zoom meeting for Communications Standing Committee, Paula Johnson, chairman
- 15 News and Views newsletter articles for April are due to Jo Lanni, newsletter editor
- 18 Board of Directors Meeting, 6:30 p.m., location TBD, President Tracy Mahl
- 25 April WFWC News and Views newsletter published, Jo Lanni, newsletter editor





WAKE FOREST

Celebrate **BLACK HISTORY MONTH**

BLACK HISTORY MONTH HONOR ROLL

The Wake Forest Human Relations Council (HRC) is giving you the chance to recognize local African Americans who have made a difference in their community, family, church, business or other group. Nominations are accepted through Saturday, Jan. 23. Honorees will be recognized on the Town of Wake Forest Facebook page and Town website throughout the month of February. To submit nominations go to: wakeforestnc.gov search "Celebrate Black History Month."

ART THAT REFLECTS Presented by the Wake Forest Renaissance Centre

A series of virtual performances that pay tribute to the diversity and artistry of African American culture. The series will be available for free streaming on the Renaissance Centre Facebook and YouTube pages and website: wakeforestnc.org.

- FEB 2** Tuesday 7 pm **DONNA WASHINGTON** *Storyteller*
- FEB 9** Tuesday 7 pm **AYA WALLACE** *Vocalist and Dancer*
- FEB 13** Saturday 11 am **"LET IT SHINE: AMERICAN CIVIL RIGHTS MOVEMENT"**
Presented by Bright Star Touring Theatre
- FEB 16** Tuesday 7 pm **WILLIE HINTON** *Dancer*
- FEB 23** Tuesday 7 pm **EUGENE TAYLOR** *Drumming*

MLK COMMUNITY CELEBRATION

JAN 21 Thursday 6:30pm

Several local churches and community organizations are coming together to honor the life and legacy of Dr. Martin Luther King, Jr. during a virtual celebration. The link for the livestream will be provided at: wakeforestnc.gov search "MLK Community Celebration."

BLACK HISTORY MONTH WEBINARS

The Wake Forest Historic Preservation Commission and the Wake Forest Historical Museum offers a series of Zoom webinars on African American history in our community and state. The public is invited to attend the free Zoom webinars online or by phone. Registration is encouraged. For more information, contact Senior Planner Michelle Michael at mmichael@wakeforestnc.gov.

- FEB 1** Monday 6pm **ADRIENNE NIRDÉ**, *Associate Director* at NC African American Heritage Commission (NCAAHC), will discuss the mission of the NCAAHC and the Freedom Roads Initiative.
- FEB 8** Monday 7pm **PRESERVATION OF AILEY YOUNG HOUSE AND SITE**
Senior Planner, Michelle Michael and special guest, Ricardo Young.
- FEB 22** Monday 7pm **DR. SEAN COLBERT-LEWIS** *Associate Professor* of History and Director of Teacher Education for the History Department at NC Central University.

wakeforestnc.gov search "Celebrate Black History Month"

