



**WAKE FOREST
WOMAN'S CLUB**
Service to the Community Since 1961

Wake Forest Woman's Club News and Views

Celebrating 60 Years of Service – 1961-2021

March 2021

Jo Lanni, Editor

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Notice of Meeting

Thursday: March 4, 2021

Location: Zoom Meeting

Meeting: 6:30 p.m.

Hosts: Civic Engagement and Outreach CSP -
Chairman Nancy Ruffin, Tammy Baldwin, Joanne
D'Errico, Salina Gary, Jo Lanni, Martha Loftin, Barbara
Mann, Bessie White

Program: The speaker will be Michelle Michael, Senior
Planner for the Town of Wake Forest Historic
Preservation Commission (see more under CSP news).

WANTED: NEWSLETTER EDITOR

**Florida and The Villages are in Jo Lanni's
future!**

If all goes well, I will be moving to the Sunshine
State on or about October 1, and

I am looking for someone to
take the reigns of newsletter
editor. I can begin training as
soon as possible so that the
transition into the 2021-2022

club year is close to seamless. Knowledge of Microsoft
Word will be helpful! *Submitted by Jo Lanni.*



Newsletter

IMPORTANT REMINDERS:

March 6 from 10 to 11 a.m. – Drop off gifts for
WFWC Continuing Education Scholarship recipient and
for WFWC Betty Ann Wilkinson Technical Education
Scholarship recipient at the parking lot of the Wake
Forest Community House.

CLUB NEWS

GFWC State and Federation News

The GFWC-NC State Arts Festival will be *virtual*
and held on March 13. Registration information will be
distributed via e-blast.

GFWC-NC Annual Convention will be *virtual* on
April 16-17. Registration information will be distributed
via e-blast.

President's Message

Tracy Mahl, 2020-2021 club president

Wake Forest Woman's Club

P.O. Box 1614, Wake Forest, NC 27588



Planting Our Future

Dear Friends,

“He came upon an old man planting fruit saplings and
asked, ‘How many years does it take a date palm to bear
fruit?’ ‘Ten, twenty. Some take as long as a hundred
years.’ ‘Will you be able to eat the fruit of these palms
you are planting?’ ‘I may not live to see the day,’ said the
old man, ‘but we eat from those our forebears planted. So
let us plant, that those who follow us may eat in turn!’” *

During our 60th year we can think about our club's
past, the aspirations of our founders, and their thoughts on
moving our club forward as a force for good in a changing
small town. There are standout projects that came to
fruition and influence what our town is today. The current
Wake Forest Library, for example, is part of a county-
wide system – but about 40 years ago we helped our
growing town start its first library. Through fundraisers, a
building, book and shelving donations, we planted a
sapling.

Many saplings have been sown since 1961. Annually
students are enriched by our scholarship. Wake Forest
families look forward year after year to participating in
Art in the Park and Dirt Day. Micro businesses are
successful, and shoes stay out of landfills through our
donations to Soles4Souls.

Today the generosity of the 49 women of our club
provides fertile ground. So, we will plant saplings,
knowing that the fruit will grow.

Many thanks, Tracy

**Source: Living the Generous Life: Reflections on Giving
and Receiving*

The theme for the June 26-28 GFWC Virtual Annual Convention is “*Celebrating Culture, Cultivating Connections.*” Registration begins on March 1, and more information will be available on the GFWC.org website at <https://www.gfwc.org/>.

Submitted by Tracy Mahl.

Elections for Club Year 2021-2022

The Nominating Committee, Chairman Salina Gary, Liz Arnold, and Susan Goodman, will be submitting the following slate of nominees being presented for elected officers for Club Year 2021-2022. There will be a show of hand vote at the March general meeting.

President – Tracy Mahl

1st Vice President – Amy Brown

2nd Vice President – Kathy Norris

Treasurer – Tammy Baldwin

Recording Secretary – Janet Lowe

Corresponding Secretary – Frances Sandoval

Chaplain – Maggie Anderson

Parliamentarian – Karen Pettyjohn (appointed by President) *Submitted by Susan Goodman.*

Send a Smile Campaign Continues.

Miriam Blinne continues to collect handmade cards with encouraging messages. For a rewarding afternoon, pull out some art supplies and create a few cards for lonely patients at Transitions LifeCare. Miriam has received many unique cards and so far, she has delivered about 400 greatly appreciated cards. It is always a great feeling being able to put a smile on a lonely person’s face. Thank you for your participation.

Submitted by Miriam Blinne.

WFHS Juniette News

Wake Forest High School Juniettes will make “Send a Smile” cards.

For an Arts and Culture CSP project in February and March, the Juniettes are assisting the woman’s club’s handmade card project for hospice patients at Transitions LifeCare in Raleigh. During the Juniette officers’ Zoom meeting on February 11, co-advisor LaRoyce Stringer explained how she made

a set of cards which were then passed along to Sandra Pearman for handwritten messages inside. The Juniette



LaRoyce used pencils on coloring book pages to create this set of cards.

officers discussed what card-making supplies they have at home and how they planned to create their own smile cards. Then the officers made sample cards at home to show to the rest of the Juniettes during

the Zoom general meeting on February 17.

The Juniettes’ cards will be collected and given to the project’s coordinator, Miriam Blinne, after March 18. She will deliver them to Transitions LifeCare.

Co-advisors for the 2020-2021 Wake Forest High School Juniettes are Marilyn Bonnett, Amy Brown, Susan Goodman, Sue Meehan, Nancy Ruffin, and LaRoyce Stringer. Helen Owens is the WFHS faculty advisor. *Submitted by Marilyn Bonnett.*

GFWC Federation Day Celebration

A History of Women on Stamps

The U.S. has issued hundreds of postage stamps honoring the accomplishments and achievements of women in America. Here are some standouts:

- * 1902: Martha Washington – first woman on a postage stamp.
- * 1936 and 1955: Susan B. Anthony – co-founder of the National Woman Suffrage Association.
- * 1963, 1984, and 1998: Eleanor Roosevelt, First Lady to President Franklin D. Roosevelt, was a considerable force for women and the poor.
- * 1978: Harriet Tubman, former slave and Underground Railroad Abolitionist, was the first African American woman on a U.S. postage stamp.
- * 1983: Dorothea Dix, a crusader for mental health and the name sake of the former hospital for the mentally ill in Raleigh which is now a park.
- * 1990: Ida B. Wells worked for equal rights for African Americans. She was a founder of the National Association for the Advancement of Colored People in 1910 and a leader in the women’s suffrage movement.
- * 1996: GFWC - Our own General Federation of Women’s Clubs!

* 2001: Hattie Caraway – First Woman Senator in 1932 and was twice re-elected.

* 2008: Bette Davis – Legendary actor. She was Oscar nominated 11 times and won the award twice.

Women throughout history have helped influence the story of humanity.

Many have been honored with the public distinction of being placed on our postage stamps; those mentioned here are only a fraction of the great

women so honored. See the four-part virtual exhibition “Women on Stamps” at [Smithsonian](https://www.si.edu/exhibitions/women-on-stamps) postal museum.

Submitted by Tracy Mahl, Historian.



GFWC-NC DISTRICT VI

Arts Festival

On Saturday, February 20, Tammy Baldwin, Becky Barber, Marilyn Bonnett, Amy Brown, Charlotte Palko, Salina Gary, Elaine Incorvaia, Linda Johnson, and Tracy Mahl attended the Arts Festival via Zoom, and Becky Barber reported that our club was quite competitive.

In the crafts categories we had 4 winners;

- Marilyn Bonnett – crocheted cat bed
- Charlotte Palko – knitted shawl
- Elaine Incorvaia – applique candle mat
- Tracy Mahl – upcycled sail boat
- In photography, Robin Holtz won in Volunteers in Action category for her photo of the Arts and Culture CSP working on the Shake and Search project.
- Our scholarship winner, Mikayla Mitchell, won the Sallie Southall Cotten Scholarship.
- Club Awards – Arts and Culture CSP won first place for the Shake & Search project, and the Membership won first place for our Digital Scrapbook on Facebook

We would like to invite the winners in the crafts categories to bring their projects to our Saturday donation drop off in March for members to view. It was a very successful year for our Club. Congratulations to all of the WFWC winners! *Submitted by Arts Festival Chairman Becky Barber.*

Community Service Programs

Education and Libraries CSP



Education and Libraries CSP will be delivering the books purchased with the Sam's Club grant money to Family Promise of Wake County kids in March. Each gift will be wrapped and have the child's name on the gift-tag to personalize it.

These books are all STEM-related (Science, Technology, Engineering and Math) sticker books that provide for individual activity.

Sandra Pearman, co-chairman of the CSP, also ordered through Page 158 Books a collection of bilingual books for the AventWest Children's Mentoring Program for middle school age kids. The order was funded by \$150 from the CSP's charitable money. These books were suggested by the program director to appeal to their bilingual students. *Submitted by LaRoyce Stringer.*

Environment CSP

The CSP thanks club members who participated in the Audubon Society Great Backyard Bird Count in February. For more information and tally reports, check out their website at



<https://www.birdcount.org/>.

The NC State University Cooperative Extension has compiled info about attracting birds to your own backyard. A landscape with plantings, feeders, bird baths, and nesting boxes will attract visitors and what better time than at spring migration! For more information, please visit <https://projects.ncsu.edu/goingnative/howto/design/wildneed/songbird.html>. **Remember to reduce, reuse, repurpose, and recycle.** *Submitted by Elaine Incorvaia.*



Health and Wellness CSP

March is Developmental Disabilities Awareness Month, sponsored by National Association of Councils on Developmental Disabilities (NACDD). You can find more information on the campaign, barriers persons with developmental disabilities face, and the "inclusion of people with developmental disabilities in all facets of community life" at [Developmental Disabilities Awareness Month – NACDD](#).



In our area, we have the Murdoch Developmental Center which provides residential care, support, and short-term respite admissions for persons with moderate to profound intellectual disabilities and other related developmental disabilities.

In partnering with the Murdoch Center, we have a Pen Pal program with members sending cards to their assigned resident for special holidays, birthday, or just a friendly note, and also Operation Santa with a collection of needed items as gifts for the residents. Many Murdoch residents participate in Artfest by submitting many forms of expressive art.



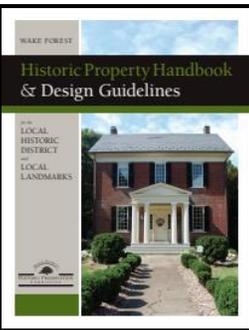
Reminder: The Health and Wellness CSP will be at the Wake Forest Woman's Club Collection Day event from 10 to 11 a.m. on March 6, collecting new children's underwear and socks for Note in the Pocket. The CSP will also collect small working appliances, household goods, and gently used clothing for Safe Space, as well as collecting 12-count egg cartons and grocery bags for Tri-Area Ministry's Food Pantry. *Submitted by Dora Pearce.*

Civic Engagement and Outreach CSP

As mentioned under Notice of Meeting, our speaker on March 4 will be Michelle Michael, Senior Planner for Historic Preservation for the Town of Wake Forest. She oversees the historic preservation program and serves as the staff liaison to the Historic Preservation Commission. In the

latter role, Michelle coordinates the Town's popular biannual Christmas Historic Home Tour, which originally began as a stand-alone project of our Club.

In keeping with the Celebration of our 60th



Anniversary, we have asked Michelle to provide a look at how the Historic Preservation Commission and the Wake Forest Woman's Club have worked together to keep the tradition going and what to anticipate as we recover from the COVID-19 pandemic. Time permitting, she also will highlight status on the preservation of the Ailey Young House and Site.

Submitted by Salina Gary.

Free the Girls bra donations at the recent Club Collection day was again successful. Currently 139 bras have been collected, and the CSP is very close to their 150 goal. Thank you for supporting this worthy endeavor. *Submitted by Nancy Ruffin.*

MEMBERSHIP COMMITTEE

New Member Corner

The Wake Forest Woman's Club would like to extend a warm welcome to our new member, Erica Hyre, who is a former college instructor who has traveled around the world. She lived abroad for five years and enjoys learning and needlework/crocheting. Erica is interested in culture, education, and history.

Submitted by LaRoyce Stringer.

STANDING COMMITTEES AND SPECIAL PROJECTS

SCHOLARSHIP COMMITTEE

WFWC Continuing Education Scholarship

The Scholarship Committee is pleased to announce that Mikayla Mitchell, a senior at Franklin Academy, is our Continuing Education Scholarship Winner. The committee would like to continue the tradition of showering our scholarship winner with cards, gifts, and gift cards.

If you would like to participate, Nancy Ruffin has graciously volunteered to head up the collection. You may drop your donation off at the Saturday collection on

March 6 or contact Nancy to make arrangements to drop off at her house. We will "shower" Mikayla at the Saturday collection on April 3.

Submitted by Maggie Andersen.

Club Calendar of Events

Note: All locations and dates/times are subject to change. Email eblasts and newsletter articles will provide up-to-date information.

March

- 4** General Club Meeting: 6:30 p.m., hosted by Civic Engagement and Outreach CSP, Nancy Ruffin, Chairman **President to appoint three members to audit club treasurer's books. *Elect club officers. *Appoint two delegates and alternates for the virtual GFWC-NC Convention. *Bring gifts for WFWC Continuing Education Scholarship recipient and for WFWC Betty Ann Wilkinson Technical Education Scholarship recipient to Collection Day at Community House on March 6.*
- 6** Club Collection Event at Wake Forest Community House Parking Lot
- 13** GFWC-NC State Arts Festival, Becky Barber, chairman
- 15** 6:30 p.m. Zoom meeting for Communications Standing Committee, Paula Johnson, chairman
- 15** *News and Views* newsletter articles for April are due to Jo Lanni, newsletter editor
- 18** Board of Directors Meeting, 6:30 p.m., location Zoom, President Tracy Mahl
- 25** April WFWC *News and Views* newsletter published, Jo Lanni, newsletter editor

April

- 1** Nominations for the Messenger Award are due to members of the Communications Standing Committee. See Yearbook page E-15.
- 1** General Club Meeting: 6:30 p.m., Introduce and honor the recipient of the WFWC Continuing Education Scholarship and of the WFWC Betty Ann Wilkinson Technical Education Scholarship.
- 1** Members fill out and submit CSP and Committee Selection Forms, 1st VP Amy Brown - **Return club silver awards. *Vote for Clubwoman of the Year. *Audit Committee's report. *Bring gifts for the WFWC Continuing Education Scholarship Award recipient and for the WFWC Betty Ann Wilkinson Technical Education Scholarship Award recipient to collection day.*
- 3** Club Collection Event at Wake Forest Community House Parking Lot
- 5** Town of Wake Forest monthly Flag Ceremony resumes, 11 a.m. at Wake Forest Centennial Plaza, Civic Engagement and Outreach CSP, Nancy Ruffin, chairman
- 12** 6:30 p.m. Zoom meeting for Communications Standing Committee, Paula Johnson, chairman
- 12** *News and Views* newsletter articles for May are due to Jo Lanni, newsletter editor
- 24** GFWC Federation Day
- 16 & 17:** Virtual GFWC-NC Annual Convention, President Tracy Mahl
- 29** May WFWC *News and Views* newsletter published, Jo Lanni, newsletter editor