



**WAKE FOREST
WOMAN'S CLUB**
Service to the Community Since 1961

Wake Forest Woman's Club News and Views

Celebrating 60 Years of Service – 1961-2021

April 2021

Jo Lanni, Editor

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Notice of Meeting

Thursday: April 1, 2021

Location: Zoom Meeting

Meeting: 6:30 p.m.

Hosts: Executive Committee – Maggie Andersen, Tammy Baldwin, Amy Brown, Diane Hawkins, Janet Lowe, Tracy Mahl, Kathy Norris, Frances Sandoval

Program: Introduce the scholarship winner; new member initiation.

Reminders:

Scholarship Winner

Mikayla Mitchell, our club's Continuing Education Scholarship winner and the District 6 Sallie Southall Cotten Scholarship winner, will speak at the April 1 General Club Meeting. Club members will also have the opportunity to meet her in person on Saturday, April 3, at 10:30 a.m. at the Wake Forest Community House parking lot. Mikayla will be honored with gifts and cards that were collected last month as part of the Club Collection Event at the Community House.

Submitted by Maggie Andersen.

Newsletter Editor

The club is still in need of a Newsletter Editor for the upcoming club year. *Submitted by Jo Lanni.*

Messenger Award

Remember to submit your entry for this award. See details on Pages 3-4.

CLUB NEWS

Elections for the Club Year 2021-2022

At the General Club Meeting held on Thursday, March 4, the club voted to elect the following officers for the next club year:

President – Tracy Mahl

1st Vice President – Amy Brown

2nd Vice President – Kathy Norris

Treasurer – Tammy Baldwin

Recording Secretary – Janet Lowe

Corresponding Secretary – Frances Sandoval

Chaplain – Maggie Andersen

President's Message

Tracy Mahl, 2020-2021 club president

Wake Forest Woman's Club

P.O. Box 1614, Wake Forest, NC 27588



Dear Friends,

April is Global Volunteer Month! How does a WFWC member shape her community as a volunteer?

Shares her heart

Eager to work

Ready to go

Values kindness

Includes her friends

Concerned about others

Enjoys helping!

Thank you, friends, for caring so deeply about your community and for sticking together through thick and thin.

Tracy,

"Bringing Service to New Heights"



Parliamentarian – Karen Pettyjohn (appointed by the President)

Congratulations to the team, the Executive Committee for the 2021-2022 club year! The new officers will be installed at the May 6 meeting. *Submitted by Liz Arnold on behalf of the Nominating Committee.*

Send a Smile – April Update

Thank you to all our members who have made cards for this project. If you have not had an opportunity to make a card, you are encouraged to make a few before May 1. The final batch will be delivered to Transitions Lifecare the first week in May. If you need supplies or instructions, please contact Miriam. Please remember that the cards should have an encouraging message inside and be signed with your first name. Do not seal the envelopes.

Miriam delivered 60 cards on March 8. They were gratefully accepted. So far, the final count is around 500! Great work, everyone! Looking forward to receiving the next batch. *Submitted by Miriam Blinne.*

Club Anniversary Quilt

As you are aware, in honor of our club celebrating 60 years of service, we are assembling a quilt of our handprints. If you are one of the few who need a fabric square, please contact Elaine or TracyM for one. If you are still in possession of your fabric, please return it either stitched or not to us as soon as possible. We would like to have them all by April 30.

If you are experienced in quilting, we would appreciate hearing from you as your input is invaluable to us. Please contact either Elaine or TracyM with any questions. *Submitted by Elaine Incorvaia and Tracy Mahl.*

WFHS Juniorette News

Mayor Vivian Jones was the Juniorette meeting's guest speaker.

Mayor Vivian Jones talked to the Junioresettes via Zoom during their March 17 meeting, where the Junioresettes and advisors asked the mayor these questions:

Q: Did you always want to be a mayor?

A: Not at all. First goal was to be a mom and homemaker.

Q: Is there a maximum number of terms?

A: Not for mayor. Would like to continue serving as mayor "as long as I feel I am doing some good."

Q: Have you had to work harder as a female?

A: Always felt respected and was given opportunities. The mayor does not pay attention to that kind of thing.

Q: Favorite accomplishments as mayor?

A: Bus service, Renaissance Centre, Wireless Research Center

Q: What is your advice for today's young women:

A: "Work hard and be kind. Be kind, whatever you do."

Q: What is your day-to-day life like?

A: Lots of meetings, reading to find out what other towns are doing, Zoom webinars

Q: Will there be more lanes on Hwy 98 on the way to Durham?

A: Yes, and the added lanes will be in Durham first because that is the area of greatest need.

Q: When did the Wake Forest growth boom start?

A: Growth was close to 10 percent each year from 2000 to 2010. Now growth is 3 percent.

Q: What are important ideas for those in leadership positions?

A: Build relationships and be a positive leader.

Co-advisors for the 2020-2021 Wake Forest High School Junioresettes are Marilyn Bonnett, Amy Brown, Susan Goodman, Sue Meehan, Nancy Ruffin, and LaRoyce Stringer. Helen Owens is the WFHS faculty advisor. *Submitted by Marilyn Bonnett.*



Mayor Jones visited a Juniorette meeting in 2019, too.

Community Service Programs Art and Culture CSP

On March 4, CSP members Miriam Blinne, Barbara Doran, Tracy Fandl, and Sue Meehan met with Ashley H, director of the Wake Forest Boys and Girls Clubs, and delivered an abundance of arts and crafts

supplies including five gallons of paint as requested by the boys and girls. Ashley and her staff were thrilled with the donations from the woman's club. The CSP used their designated annual monetary allotment to purchase the arts, crafts and paints at several Michaels stores in the area. *Submitted by Sue Meehan.*



Shown is a sampling of the arts, crafts and paints the Arts and Culture CSP purchased and donated to the Boys and Girls Clubs.

Environment CSP

Thanks to everyone for support of the Soles4Souls shoe campaign. The last date for donating unwanted but useable shoes is the Club Collection Event on Saturday, April 3 between 10 and 11 a.m. at the Wake Forest Community House parking lot.



The CSP reminds club members of Earth Day on



Thursday, April 22. See www.earthday.org for ideas of how to restore our earth. Suggestions: unsubscribe to catalogs; compost; change from receiving paper bills in the mail to online billing; limit use of pesticides in your garden; and use a

reusable water bottle. **Remember to reduce, reuse, repurpose and recycle.** Submitted by Elaine Incorvaia.

Health and Wellness CSP Murdoch Developmental Center

Due to COVID-19 restrictions, we all had to pivot this year.



Charlotte Palko, CSP chairman, concerned that Murdoch residents could



Charlotte Palko is shown here with the CSP-created Ribbons and Certificates.

not participate in the District 6 Arts Festival, proposed we provide an alternate competition. The winners were awarded certificates and ribbons created by CSP member Kathy Norris. Photos of the art can be viewed in the WFWC scrapbook on the club website.

Health Observances for the month of April includes [Stress Awareness Month](#). Stress during this difficult time has led to greater issues addressed by two other April observances, as well as other ill effects. The article by CSP member, Janet Lowe, and published in the December News and Views provided helpful resources for stress and other mental health concerns.

Sexual Assault Awareness and Prevention Month

We supported Safe Space, which provides Domestic Violence and Sexual Assault Services in Louisburg, NC through our donations to its thrift store and by providing cleaning supplies.

Alcohol Awareness Month

A big part of the month is to point out the stigma that still surrounds alcoholism and substance abuse in general.

We will be at the April 3 Club Collection Event for Safe Space, Tri-Area Ministries, and Note in the Pocket. Submitted by Dora Pearce.

Civic Engagement and Outreach CSP

The National Sexual Violence Resource Center (NSVRC) is a leader in Sexual Violence Prevention. Every April, NSVRC leads [Sexual Assault Awareness Month \(SAAM\)](#), a campaign to educate and



engage the public in addressing this widespread issue. Did you know...

Sexual harassment, abuse, and assault happen in every community and affect people of all genders and ages. Nationwide, 81 percent of women and 43 percent of men reported experiencing some form of sexual harassment and/or assault in their lifetime.

One in five women in the United States experienced completed or attempted rape during their lifetime. Providing physical safety for those experiencing abuse is of critical importance.



In recognition of Sexual Assault Awareness Month, Civic Engagement and Outreach will be donating to Safe Space in Louisburg, NC. Confidential counseling and support are available or contact the National Sexual Assault Hotline at 1-800-656-4673 (HOPE), or visit <https://www.nsvrc.org>.

The April 3 Club Collection Day will be the last day Civic Engagement will be collecting bras. Thanks to everyone's tremendous response, we have met our goal of 150 bras!



In May, Civic Engagement and Outreach CSP will be donating "Grab and Go" snack bags to the USO at the RDU Airport for active military traveling to their next assignment.

A drop-off box will be at the April 3 Club Collection day if anyone would like to contribute. Items needed are individually wrapped snack bars, mini chocolate bars, chips and cookie bags. **Please - No Liquids.** Submitted by Nancy Ruffin.



STANDING COMMITTEES AND SPECIAL PROJECTS

Communications Committee

"The Messenger Award is given to a single clubwoman who goes above and beyond the requirements of any club role to communicate the essence, purpose, objectives and goals of the Wake Forest Woman's Club." The goal of this award is to emphasize the importance of good communication practices and to highlight successful communication efforts.

Members of the Communications Standing Committee are charged with soliciting nominations from the general club membership for The Messenger Award and with selecting the recipient each year.

Please review the *Messenger Award* description and nomination process located on page E-15 of the WFWC Yearbook. This provides examples of what to consider and think about when you are nominating a club member for this award. **Please submit one written sentence of**

about 35 words, if possible, describing how the nominee qualifies, as required by the award rules.

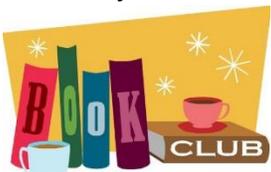
Due to the pandemic, nominations will be accepted via email from club members through the next General Club Meeting on April 1 and can be sent to Paula Johnson Chairman of the Communications Committee. The six members of the Communications Committee will vote by secret ballot for this year's recipient from your nominations and the votes will be tallied by First Vice President Amy Brown per the award's rules. The recipient will be announced during the WFWC Awards presentation in May.

Please take time now to think about who you would like to nominate this year and email your nomination/sentence to Paula Johnson at kpjwfwc@gmail.com as soon as possible, but no later than the close of the next WFWC General Meeting on April 1.

Paula will acknowledge each email she receives to confirm that your nomination has been received. If you have any questions, please contact Paula and she will be happy to answer them for you. *Submitted by Paula Johnson.*

Epsilon Sigma Omicron (ESO) Book Club News

On May 1, at 11 a.m., Lu Chassin will host a discussion of the book she has selected, *The Library Book*, by Susan Orlean. The author has written her



Our club formed an ESO Book Club in 2011 with Salina Gary as chairman.

personal library experiences along with historical events and facts about libraries, including a description of a massive fire in 1986 that destroyed Central Library in Los Angeles. The cause of that fire remains an unsolved mystery.

The May 1 ESO meeting and book discussion will take place either via Zoom or in person. Lu will make that decision before the meeting.

ESO is sponsored by the General Federation of Women's Clubs and administered by a state chairman. Participants may earn certificates of recognition for books read and reported to their chairman. (Note that any GFWC clubwoman may participate in the recently formed GFWC 2020-2022 ESO Book Club on Facebook.)

Our club's ESO participants for local meetings are Tammy Baldwin, Marilyn Bonnett, Lu Chassin, Salina Gary, Susan Goodman, Glenda Grant, Diane Hawkins, Linda Johnson, Janet Lowe, and Sharon Rasmussen. We invite you to join us! Please contact Marilyn at bonnettm@hotmail.com. *Submitted by ESO Book Club Chairman Marilyn Bonnett.*

Federation Day

Our club will celebrate Federation Day on Saturday, April 24, in the afternoon. More information to come via eblast with Zoom link and agenda. Please come to the April Club Collection Event to pick up your favor. *Submitted by Tracy Mahl.*

Save the Date: May 6 Banquet

2020-2021 WFWC annual banquet will be held via Zoom, Hosts: Banquet Committee, Quinn Berardinelli and Martha Loftin, co-chairmen **Install 2021-2022 club officers. *Present WFWC silver awards and other club awards, including Clubwoman of the Year.*

Club Calendar of Events

Note: All locations and dates/times are subject to change. Email eblasts and newsletter articles will provide up-to-date information.

April

- 1 Nominations for the Messenger Award are due to members of the Communications Standing Committee. See Yearbook page E-15.
- 1 General Club Meeting: 6:30 p.m., Introduce and honor the recipient of the WFWC Continuing Education Scholarship.
- 1 Members fill out and submit CSP and Committee Selection Forms, 1st VP Amy Brown - **Return club silver awards. *Vote for Clubwoman of the Year. *Audit Committee's report.*
- 3 Club Collection Event between 10 and 11 a.m. at the Wake Forest Community House Parking Lot. **Bring gift for the WFWC Continuing Education Scholarship Award recipient*
- 12 6:30 p.m. Zoom meeting for Communications Standing Committee, Paula Johnson, chairman
- 12 *News and Views* newsletter articles for May are due to Jo Lanni, newsletter editor
- 16 & 17: Virtual GFWC-NC Annual Convention, President Tracy Mahl
- 24 GFWC Federation Day via Zoom
- 29 May WFWC *News and Views* newsletter published, Jo Lanni, newsletter editor

May

- 6 2020-2021 WFWC annual banquet, Hosts: Banquet Committee, Quinn Berardinelli and Martha Loftin, co-chairmen **Install 2021-2022 club officers. *Present WFWC silver awards and other club awards, including Clubwoman of the Year.*
- 8 Club Collection Event between 10 and 11 a.m. at the Wake Forest Community House Parking Lot.
- 17 6:30 p.m. Zoom meeting for Communications Standing Committee, Paula Johnson, chairman

