



Wake Forest Woman's Club News and Views

Jo-Anne Seacott and Jo Lanni, Co-Editors

jseacott@yahoo.com/jolanni1010@gmail.com

February 2023

Notice of Meeting

Thursday: February 2, 2023

Location: Wake Forest Community House, 133 West Owen Avenue, Wake Forest

Social: 6:30 p.m.

Meeting: 7 p.m.

Hosts: Environment CSP: Robin Oglesby, Chairman; Nancy Ruffin, Susan Smith, Karen Pettyjohn, Jo Lanni, Miriam Blinne, Sue Meehan

Program: Harriett Lewis, a Tri Area Ministry board member, will speak about how the club efforts benefit the organization.

Totals of items collected for “upcycling” will be reviewed with the club. CSP members will provide a “show and tell” table of upcycled inspirations. Light sweet and salty snacks will be served on each table, charcuterie style.

REMINDERS

Nominating Committee Call for Nominations for the 2023-2024 Executive Officers

As called for under our Club's Bylaws, in January of each year the President is to appoint a three-member Nominating Committee, whose responsibility is to identify and present the names of candidates for election at the March general meeting.

President Amy Brown announced the committee members this year are Salina Gary, Chairman, Elaine Incorvaia and Martha Loftin. They are beginning the process of canvassing members and will present a slate of candidates for election at the March general meeting.

The elected officers of the Executive Committee include: President, First Vice President, Second Vice President, Treasurer, Recording Secretary, Corresponding Secretary, and Chaplain. The Parliamentarian position is the only executive position that is not elected but appointed by the President. A detailed description of the duties and responsibilities of each position is outlined in the Club Yearbook, (pages C-3 and C-4) and under Policies & Procedures, Duties of Officers, (pages D-5 and D-6).

The Nominating Committee will provide a discussion on the duties of each position at the February general meeting. If you have an interest in serving,

President's Message

Amy Brown, 2022-2023 club president

Wake Forest Woman's Club
P.O. Box 1614, Wake Forest, NC 27588



Dear Fellow Clubwomen,

January has been a busy month with our Meet 'N Greet for new and prospective members at The Lemon Tree, MLK service project at the Durham Rescue Mission Thrift Store, and our local arts festival at the American Legion Hall. Thanks to all of you who worked so hard to make these events a success.

Looking ahead, our 1st Vice President Maggie Andersen is working on reporting and award entries and will soon be submitting the GFWC-NC State Statistical Form. More information will be provided at our upcoming meeting. I think you will see that this will put into perspective the impact we have on our community but the bottom line is that YOU make a difference! Here are some inspiring quotes for you to ponder:

“The best way to find yourself is to lose yourself in the service of others.” – Mahatma Gandhi

“Everybody can be great because everybody can serve.” – Martin Luther King, Jr.

“Give your hands to serve, and your hearts to love.” – Mother Teresa

“How wonderful it is that nobody need wait a single moment before starting to improve the world.”- Anne Frank

Thank you for all your hard work and dedication to the mission of our club.

Yours in Volunteer Spirit,
Amy



please don't hesitate to reach out to any one of the committee members. *Submitted by Salina Gary*

Club and Federation Calendar 2023

All locations and dates and times are subject to change. E-mail blasts and newsletter articles will provide timely information about club events and community service projects.

February 2023

2 - General Club Meeting hosted by Environment CSP: Robin Oglesby, Chairman; Nancy Ruffin, Susan Smith, Karen Pettyjohn, Jo Lanni, Miriam Blinne, Sue Meehan.

13 - WFWC News and Views newsletter articles for March are due to Jo-Anne Seacott and Jo Lanni, newsletter co-editors.

23 - March WFWC News and Views newsletter published.

CLUB NEWS

Club Kick-off meeting for Project Warmth 2023

Save the Date: Saturday, February 25, from 10 a.m. to noon

Tentative Location: Fellowship Hall, Wake Forest United Methodist Church, 905 S. Main Street, Wake Forest

You are invited to a crocheting/knitting kick-off meeting for Project Warmth 2023. Once again, our talented volunteers will knit/crochet a variety of items for newborn babies, children, and adults. Impeccable-brand yarn, purchased at Michael's with additional club projects money, will be distributed to you.

New this year for beginners: If you are a beginner at crocheting and would like to participate in a "group blanket," we will not overwhelm you with a request for an entire blanket. Instead, we will teach you how to make one 6" x 6" square, using a simple pattern. You may make one square or many squares. Then a seasoned crocheter will join your squares to make a patchwork blanket.



Kathy's Baby Caps

On February 25, bring your own scissors and needles/hooks to Fellowship Hall (still a **tentative location**). Beginners, we suggest you purchase and bring along a **size K** crochet hook as a starter. Those who would like to go out for lunch together will choose a nearby restaurant.

Sign up on the sheet provided during the February 2 general meeting, please contact Marilyn at 919- 345-1685 or bonnettm@hotmail.com, if you have any questions. *Submitted by Marilyn Bonnett.*

WFHS Juniorette News GFWC Wake Forest High School Juniorette Woman's Club

During their meeting after school on January 11, six Wake Forest High School Juniorettes assembled 30



scented sachet packets. They used fabric squares, cotton balls, scented laundry beads packed inside smaller bags, ribbon, and encouragement circles. The circles displayed messages such as "Make everybody feel like somebody." The sachets were delivered to our local Meals on Wheels Site Manager, Jessica Holman, for distribution to recipients of meals.

We asked the Juniorettes whether any of them knew of someone who has received Meals on Wheels services. One said she had heard of Meals on Wheels and knew it was for people who are not able to leave their homes. This was our opportunity to let them know that the meals service



Finished Sachet Project

includes volunteer drivers who deliver the meals to the recipients where they live. Now the Juniorettes know more about community service and volunteering.

Our club's 2022-2023 Juniorette co-advisors are Miriam Blinne, Marilyn Bonnett, Tracy Mahl, Sue Meehan, and LaRoyce Stevens. *Submitted by Marilyn Bonnett.*

ARTS FESTIVAL UPDATE – 2023 A huge thank-you to all clubwomen who entered artwork, volunteered their time, and supported the Wake Forest Woman's Club Art Festival.

First place winners in each category will be announced at the February meeting and will advance to the District Arts Festival at First Baptist Church in downtown Raleigh on February 11 with those winners moving to the state competition at the Mebane Arts Center in Mebane, NC on March 11.

We look forward to building on the success of this festival next year and in the years to come! *Submitted by Misty Deyo.*

COMMUNITY SERVICE PROGRAMS

Arts and Culture CSP



Our January speaker Ed Morris, Executive Director of Wake Forest Historical Museum, advised us that the museum is hosting a selection of works from Wake Forest University's Mark H. Reece Collection of Student-Acquired Contemporary Art. The exhibition

will open to the public on January 31 through June 30.

He also mentioned the museum will be looking for docents for this exhibition. If you are interested in participating, call the museum for more information, 919-556-2911. *Submitted by Charlotte Palko.*

Civic Engagement & Outreach CSP Martin Luther King Day of Service



Ten club members drove a caravan of cars filled with donations to the Durham Rescue Mission Thrift Store in Wake Forest on January 7, to honor Dr. Martin Luther King, Jr.'s legacy.

Our in-kind donations totaled almost \$1,000 and approximately 30 hours were spent preparing collections.

After dropping off donations, we went inside and met with the manager of the thrift stores and the director of the Durham Rescue Mission. He told us about their wonderful programs and answered questions from the group. Then we did a little shopping in the thrift store and had a fun lunch.

This project will continue through April, and we hope you will continue to make donations. Please let us know the value of in-kind donations plus time spent by emailing me dmhrnonc@aol.com. Thank you. *Submitted by Diane Hawkins.*

Education and Libraries CSP



The Education and Libraries CSP met January 14 to plan for the next few months and beyond. Katie Green, CSP member and teacher, shared the effects of the pandemic on education. The CSP also completed the Black History Month project, making bookmarks under the leadership of Tracy Mahl. These will be distributed in the community to celebrate the achievements of strong black women.

The CSP will again donate school supplies to the Hope House Backpack Giveaway for the 2023 - 2024 academic year. If you would like to contribute, you can bring school supplies to any general meeting between now and May. The CSP will also plan a special collection day in the summer. Items needed include backpacks, pencils, pens, crayons, markers, both spiral and composition notebooks, as well as other common school supplies.

Ongoing Project Highlight – The club is in its eleventh year encouraging literacy by providing children's books through our Books for Laundromats program. The program is currently coordinated by CSP member, Lynn Wiss, who delivers books to the two Wake Forest Laundromats twice a month. Donations of new and used children's books are appreciated and accepted at club meetings. *Submitted by Dora Pearce.*



**Books donated for WFWC
Books for Laundromats**

Health And Wellness CSP

Hope And Vine - Our group project is in progress to support this worthwhile organization. These ladies have aged out of foster care and are on their own.



Murdoch Developmental Center - Let us continue to support our dear pen pals at Royall Cottage. Your cards and letters have brought so many smiles to their faces.

Walgreens - Don't forget! Get a shot, give a shot! We thank you for helping the people of the world as well as helping ourselves stay healthy. *Submitted by Alyse Cores and Joanne D'Errico.*

HEALTH WISE: Do you know? February is National Cancer Prevention Month.

Each year over 1.7 million Americans are diagnosed with cancer and an estimated 600,000 Americans die annually due to cancer. Research has shown that more than 40% of all cancers diagnosed and nearly half of all deaths from cancer in the United States can be attributed to preventable causes - things like smoking, excess body weight, physical inactivity, and excessive exposure to the sun.

As a result, steps such as quitting smoking (or never smoking in the first place), maintaining a healthy weight, exercising regularly, protecting your skin from the sun, and getting vaccinated against the pathogens that cause

certain cancers can dramatically reduce your risk of certain cancers.

Take the cancer prevention quiz to test your knowledge and learn more about cancer risk reduction at the American Association for Cancer Research's website at www.aacr.org. Submitted by Maggie Andersen.

STANDING COMMITTEES AND SPECIAL PROJECTS

Communications Standing Committee

Update

There are several ongoing committee projects to keep membership and the public aware of upcoming and past events:

*This committee and Website Editor Tracy Mahl continue to streamline and update the club website with new photo options, information, and the online Member Interest form. Watch for more developments as this new site comes to full fruition.

*Historian Dora Pearce is currently forming The Federation Day Project Committee. Please contact Dora if you are interested in serving on this project.

*Scrapbook Editor Marilyn Bonnett continues to create artful and informative scrapbook pages for Facebook postings that provide a unique digital journal of our club service to the community. As yearbook editor, Marilyn skillfully maintains the club's annual yearbook and its revision updates.

*Photographer Paula Johnson submitted a photo on behalf of our club in the category of GFWC Volunteers in Action for the GFWC NC District VI Art Contest. The photo, "Cut, Cup, and Serve Watermelon" depicts our volunteers in action at a recent Purple Heart Foundation Reunion Picnic. Also, Communications Committee Chairman Paula and this committee have recently reviewed and updated The Messenger Award procedures.

*Publicist Elaine Incorvaia works diligently to share our volunteer efforts with the public whenever and wherever possible. She is currently working with the Membership Committee to publicize an upcoming Membership Drive once one is scheduled.

*Press Book Editor Salina Gary meticulously archives all public club articles to preserve our club history for future generations of clubwomen.

*Social Media Editor/Facebook Jo Lanni keeps this media up-to-date and informative. Please actively view, comment, and share the club's Facebook page to spread the word about our volunteer efforts and to encourage new prospective members to join us.

*Newsletter Co-Editors Jo-Anne Seacott and Jo Lanni develop, edit, and present this valuable and concise club tool each month to keep us all in the know.

Thank you. Submitted by Paula Johnson.

ESO Book Club News

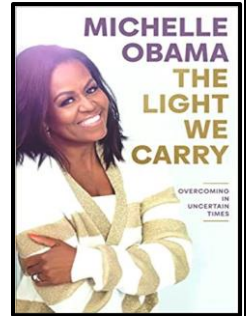
Our next ESO Book Club meeting and book discussion will take place on February 18 at 10 a.m. in the cozy parlor inside the Worship Center building at Wake Forest United Methodist Church. Salina Gary will lead the discussion of the book *The Light We Carry: Overcoming in Uncertain Times* by Michelle Obama. Salina will provide coffee and pastries.

Epsilon Sigma Omicron (ESO) Book Club is an honorary educational society for members of GFWC-affiliated women's clubs. The total number of books read by the club's ESO Pledges and Members are reported to GFWC-NC as a part of the Education and Libraries CSP. There are no requirements for reading a certain number of books.

Participating in the Wake Forest Woman's Club's ESO Book Club is a fun way to become enlightened through the reading program and better acquainted with some other club members in a small setting.

If you would like to know more about the book club or how to join in, get in touch with ESO Chairman Marilyn Bonnett at bonnettm@hotmail.com or at her cell| 919-345-1685. You are all cordially invited!

Submitted by Marilyn Bonnett



Book for Discussion

MEMBER CORNER

The Membership Committee hosted its first Meet'N Greet at The Lemon Tree on January 12 with three potential members attending.

Committee members and other club members delighted in telling them about WFWC and answering questions. It was a fun afternoon, and we look forward to holding another one in the future. Submitted by Diane Hawkins.

Please help us welcome one new member who joined recently:

Patricia Jennings joined our club in January and found us using a local search on the internet. She is the owner of QuintesSential Candle Company. Patricia has lived in Wake Forest since 2005 and has served as PTA president/secretary. Patricia has served as VP on Lighthouse HSA, and as a fundraiser for Lighthouse Sports. She has also volunteered with Meals on Wheels in Wake Forest. Patricia's birthday is October 15, and her email address is pljennings16@gmail.com.

Submitted by Jo Lanni.